

Resultater – Natcup 2017-18 | 6. afdeling

2018-01-24

D2		(5 / 5)		Tid	Efter
1.	Ida Øbro		Tisvide Hegn OK	43:23	
	2:23 (2:23)	2:40 (5:03)	1:47 (6:50)	0:53 (7:43)	1:57 (9:40)
	4:02 (16:01)	2:42 (18:43)	1:20 (20:03)	2:46 (22:49)	3:15 (26:04)
	1:02 (28:17)	2:14 (30:31)	2:16 (32:47)	1:25 (34:12)	2:06 (36:18)
	2:55 (39:49)	2:30 (42:19)	1:04 (43:23)		2:19 (11:59)
					1:11 (27:15)
					0:36 (36:54)
2.	Agnes Nørgård Kracht		Tisvide Hegn OK	43:24	+0:01
	2:20 (2:20)	3:33 (5:53)	1:22 (7:15)	0:58 (8:13)	2:07 (10:20)
	2:51 (16:38)	1:24 (18:02)	2:45 (20:47)	2:31 (23:18)	1:49 (25:07)
	2:00 (27:57)	2:13 (30:10)	2:36 (32:46)	1:25 (34:11)	2:05 (36:16)
	2:55 (39:48)	2:33 (42:21)	1:03 (43:24)		3:27 (13:47)
					0:50 (25:57)
					0:37 (36:53)
3.	Annika Simonsen		FIF Hillerød Orientering	43:26	+0:03
	2:25 (2:25)	4:33 (6:58)	2:37 (9:35)	1:24 (10:59)	2:39 (13:38)
	1:03 (17:14)	1:00 (18:14)	2:00 (20:14)	2:45 (22:59)	1:48 (24:47)
	2:07 (27:54)	2:19 (30:13)	2:33 (32:46)	1:27 (34:13)	2:04 (36:17)
	2:57 (39:50)	2:32 (42:22)	1:04 (43:26)		2:33 (16:11)
					1:00 (25:47)
					0:36 (36:53)
	Nevena Simeonova		FIF Hillerød Orientering	Fejlklip	
	2:31 (2:31)	3:33 (6:04)	1:14 (7:18)	1:00 (8:18)	2:17 (10:35)
	3:06 (19:42)	1:45 (21:27)	4:12 (25:39)	15:43 (41:22)	2:46 (44:08)
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (58:30)		– (–)
	Nikoline Friberg Klynsner		FIF Hillerød Orientering	Fejlklip	
	2:37 (2:37)	2:40 (5:17)	2:03 (7:20)	0:59 (8:19)	2:12 (10:31)
	3:28 (16:47)	3:51 (20:38)	3:23 (24:01)	5:24 (29:25)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (37:55)	– (–)	– (45:01)		– (–)
D3		(15 / 15)		Tid	Efter
1.	Sigrid Høyer Staugaard		FIF Hillerød Orientering	35:57	
	3:49 (3:49)	3:39 (7:28)	1:25 (8:53)	0:51 (9:44)	3:36 (13:20)
	3:37 (18:52)	1:33 (20:25)	2:38 (23:03)	2:20 (25:23)	3:44 (29:07)
	1:28 (31:58)	3:00 (34:58)	0:59 (35:57)		1:55 (15:15)
					1:23 (30:30)
2.	Siri Simonsen		FIF Hillerød Orientering	37:02	+1:05
	3:51 (3:51)	2:00 (5:51)	4:49 (10:40)	1:28 (12:08)	2:38 (14:46)
	3:16 (20:37)	1:05 (21:42)	2:47 (24:29)	3:14 (27:43)	3:06 (30:49)
	1:06 (33:24)	2:42 (36:06)	0:56 (37:02)		2:35 (17:21)
					1:29 (32:18)
3.	Xenia Bregensøe		Tisvide Hegn OK	39:46	+3:49
	4:06 (4:06)	1:53 (5:59)	4:46 (10:45)	1:36 (12:21)	2:32 (14:53)
	3:54 (21:24)	1:14 (22:38)	2:34 (25:12)	3:41 (28:53)	3:29 (32:22)
	1:31 (35:40)	3:14 (38:54)	0:52 (39:46)		2:37 (17:30)
					1:47 (34:09)
4.	Astrid Skytte Kirkegaard		Tisvide Hegn OK	41:25	+5:28
	4:07 (4:07)	2:06 (6:13)	4:34 (10:47)	1:49 (12:36)	3:07 (15:43)
	4:23 (23:19)	1:22 (24:41)	0:57 (25:38)	4:01 (29:39)	3:43 (33:22)
	1:21 (37:00)	3:16 (40:16)	1:09 (41:25)		3:13 (18:56)
					2:17 (33:39)
5.	Elin Nørgård Kracht		PI-København	41:33	+5:36
	3:45 (3:45)	3:50 (7:35)	1:16 (8:51)	1:44 (10:35)	3:57 (14:32)
	4:24 (21:31)	1:53 (23:24)	4:00 (27:24)	2:53 (30:17)	3:51 (34:08)
	1:23 (37:20)	3:09 (40:29)	1:04 (41:33)		2:35 (17:07)
					1:49 (35:57)
6.	Camille Marie Næstoft Juhl		Søllerød OK	42:59	+7:02
	4:02 (4:02)	3:36 (7:38)	1:09 (8:47)	5:48 (14:35)	3:35 (18:10)
	4:03 (24:36)	2:07 (26:43)	3:07 (29:50)	2:56 (32:46)	3:19 (36:05)
	1:12 (38:58)	2:52 (41:50)	1:09 (42:59)		2:23 (20:33)
					1:41 (37:46)
7.	Anne Kaae-Nielsen		Søllerød OK	44:06	+8:09
	4:00 (4:00)	2:19 (6:19)	4:31 (10:50)	1:56 (12:46)	3:10 (15:56)
	3:57 (23:27)	1:38 (25:05)	1:23 (26:28)	4:56 (31:24)	3:56 (35:20)
	1:38 (39:03)	3:13 (42:16)	1:50 (44:06)		3:34 (19:30)
					2:05 (37:25)
8.	Henriette Broman		Allerød OK	46:35	+10:38
	4:04 (4:04)	2:28 (6:32)	5:32 (12:04)	2:03 (14:07)	3:30 (17:37)
	4:15 (25:44)	1:39 (27:23)	1:21 (28:44)	4:35 (33:19)	4:03 (37:22)
	1:40 (41:11)	3:45 (44:56)	1:39 (46:35)		3:52 (21:29)
					2:09 (39:31)
9.	Sandra Simonsen		FIF Hillerød Orientering	46:43	+10:46
	4:15 (4:15)	2:33 (6:48)	5:15 (12:03)	2:00 (14:03)	3:30 (17:33)
	4:08 (25:33)	1:41 (27:14)	1:15 (28:29)	4:41 (33:10)	4:15 (37:25)
	1:35 (41:16)	3:48 (45:04)	1:39 (46:43)		3:52 (21:25)
					2:16 (39:41)
10.	Maria Krog Schulz		Ballerup OK	48:48	+12:51
	3:58 (3:58)	3:02 (7:00)	5:02 (12:02)	2:20 (14:22)	3:36 (17:58)
	4:36 (26:20)	1:51 (28:11)	2:21 (30:32)	4:53 (35:25)	4:18 (39:43)
	1:39 (43:41)	3:31 (47:12)	1:36 (48:48)		3:46 (21:44)
					2:19 (42:02)
11.	Dicte Højbjerg Andersen		Helsingør SOK	50:24	+14:27
	4:57 (4:57)	3:40 (8:37)	1:36 (10:13)	6:40 (16:53)	5:29 (22:22)
	4:38 (29:08)	1:44 (30:52)	3:57 (34:49)	3:27 (38:16)	4:23 (42:39)
	1:14 (45:47)	3:04 (48:51)	1:33 (50:24)		2:08 (24:30)
					1:54 (44:33)
12.	Anne Skovbaek		Søllerød OK	1:00:54	+24:57
	4:10 (4:10)	3:56 (8:06)	1:39 (9:45)	7:04 (16:49)	5:36 (22:25)
	5:52 (30:49)	3:40 (34:29)	5:27 (39:56)	4:01 (43:57)	7:26 (51:23)
	1:27 (55:18)	3:53 (59:11)	1:43 (1:00:54)		2:32 (24:57)
					2:28 (53:51)
	Celina Bregensøe		Tisvide Hegn OK	Diskv.	
	4:52 (4:52)	3:32 (8:24)	1:26 (9:50)	7:06 (16:56)	5:22 (22:18)
	4:06 (28:25)	1:48 (30:13)	3:00 (33:13)	3:23 (36:36)	3:21 (39:57)
	1:19 (42:52)	2:39 (45:31)	1:23 (46:54)		2:01 (24:19)
	Birgitte Erskov Halland		OK ØST Birkerød	Ej startet	
	Siri Klausen		Ballerup OK	Ej startet	
D4		(1 / 1)		Tid	Efter
1.	Inge Jørgensen		OK Roskilde	43:27	
	3:43 (3:43)	3:09 (6:52)	3:32 (10:24)	1:49 (12:13)	1:40 (13:53)
	3:15 (21:28)	3:23 (24:51)	6:25 (31:16)	2:53 (34:09)	2:26 (36:35)
	3:54 (42:04)	1:23 (43:27)			4:20 (18:13)
					1:35 (38:10)
D5		(4 / 4)		Tid	Efter
1.	Laura Saxtorph Schulz		Ballerup OK	50:42	

	6:42 (6:42)	4:21 (11:03)	4:57 (16:00)	3:45 (19:45)	1:29 (21:14)	2:56 (24:10)
	4:41 (28:51)	5:09 (34:00)	1:43 (35:43)	3:02 (38:45)	5:25 (44:10)	3:06 (47:16)
	2:07 (49:23)	1:19 (50:42)				
2.	Silje Halberg Petersen	FIF Hillerød Orientering	50:48	+0:06		
	6:32 (6:32)	4:37 (11:09)	4:48 (15:57)	3:43 (19:40)	1:30 (21:10)	2:54 (24:04)
	4:36 (28:40)	4:47 (33:27)	1:58 (35:25)	2:58 (38:23)	6:36 (44:59)	2:45 (47:44)
	2:00 (49:44)	1:04 (50:48)				
3.	Anja Andersson	OK Roskilde	1:27:39	+36:57		
	5:29 (5:29)	5:15 (10:44)	8:38 (19:22)	7:54 (27:16)	3:03 (30:19)	4:11 (34:30)
	10:16 (44:46)	6:26 (51:12)	3:41 (54:53)	12:08 (1:07:01)	8:51 (1:15:52)	3:30 (1:19:22)
	3:16 (1:22:38)	5:01 (1:27:39)				
	Freya Halberg Petersen	FIF Hillerød Orientering	Udgået			
H1		(16 / 16)	Tid	Efter		
1.	Søren Thrane Ødum	OK ØST Birkerød	55:36			
	1:19 (1:19)	1:35 (2:54)	1:38 (4:32)	2:37 (7:09)	1:45 (8:54)	2:48 (11:42)
	5:32 (17:14)	1:10 (18:24)	2:55 (21:19)	1:33 (22:52)	2:53 (25:45)	1:25 (27:10)
	4:18 (31:28)	0:45 (32:13)	1:54 (34:07)	4:44 (38:51)	2:22 (41:13)	1:48 (43:01)
	2:22 (45:23)	1:23 (46:46)	3:20 (50:06)	1:19 (51:25)	0:58 (52:23)	2:12 (54:35)
	1:01 (55:36)					
2.	Henrik Rindom Knudsen	OK Melfar	56:11	+0:35		
	1:56 (1:56)	1:30 (3:26)	1:02 (4:28)	2:35 (7:03)	1:46 (8:49)	3:03 (11:52)
	5:32 (17:24)	1:12 (18:36)	2:55 (21:31)	1:28 (22:59)	2:01 (25:00)	1:33 (26:33)
	4:07 (30:40)	0:58 (31:38)	2:04 (33:42)	4:40 (38:22)	2:32 (40:54)	2:24 (43:18)
	2:45 (46:03)	1:26 (47:29)	3:13 (50:42)	1:18 (52:00)	0:58 (52:58)	2:17 (55:15)
	0:56 (56:11)					
3.	Michael Sørensen	OK ØST Birkerød	57:49	+2:13		
	1:31 (1:31)	1:36 (3:07)	5:30 (8:37)	1:09 (9:46)	2:55 (12:41)	1:43 (14:24)
	1:57 (16:21)	1:35 (17:56)	4:15 (22:11)	1:32 (23:43)	1:47 (25:30)	4:35 (30:05)
	1:15 (31:20)	3:31 (34:51)	2:40 (37:31)	2:55 (40:26)	2:35 (43:01)	1:44 (44:45)
	2:36 (47:21)	1:31 (48:52)	3:30 (52:22)	1:18 (53:40)	0:55 (54:35)	2:15 (56:50)
	0:59 (57:49)					
4.	Mikkel Lyskjær	Farum OK	58:24	+2:48		
	1:19 (1:19)	1:37 (2:56)	5:43 (8:39)	1:06 (9:45)	2:52 (12:37)	1:41 (14:18)
	1:50 (16:08)	1:37 (17:45)	4:28 (22:13)	1:04 (23:17)	2:00 (25:17)	4:50 (30:07)
	2:34 (32:41)	1:34 (34:15)	2:41 (36:56)	1:36 (38:32)	1:33 (40:05)	3:17 (43:22)
	2:34 (45:56)	2:57 (48:53)	3:15 (52:08)	1:29 (53:37)	1:01 (54:38)	2:44 (57:22)
	1:02 (58:24)					
5.	Emil Olander Lorenz	Allerød OK	58:52	+3:16		
	1:27 (1:27)	1:37 (3:04)	2:10 (5:14)	1:50 (7:04)	2:34 (9:38)	1:23 (11:01)
	6:19 (17:20)	1:12 (18:32)	2:55 (21:27)	1:46 (23:13)	2:14 (25:27)	1:38 (27:05)
	4:18 (31:23)	1:07 (32:30)	2:03 (34:33)	5:16 (39:49)	1:28 (41:17)	3:00 (44:17)
	2:22 (46:39)	2:56 (49:35)	3:34 (53:09)	1:21 (54:30)	0:58 (55:28)	2:26 (57:54)
	0:58 (58:52)					
6.	Lasse Falck Weber	Tisvilde Hegn OK	1:01:29	+5:53		
	1:27 (1:27)	1:42 (3:09)	1:28 (4:37)	2:35 (7:12)	1:50 (9:02)	3:03 (12:05)
	6:07 (18:12)	1:17 (19:29)	3:20 (22:49)	1:49 (24:38)	2:01 (26:39)	1:40 (28:19)
	4:47 (33:06)	1:12 (34:18)	2:06 (36:24)	5:20 (41:44)	2:57 (44:41)	1:41 (46:22)
	2:54 (49:16)	1:44 (51:00)	4:06 (55:06)	1:37 (56:43)	1:11 (57:54)	2:47 (1:00:41)
	0:48 (1:01:29)					
7.	Lasse August Helweg	Allerød OK	1:04:00	+8:24		
	1:26 (1:26)	1:36 (3:02)	6:20 (9:22)	1:28 (10:50)	3:45 (14:35)	2:00 (16:35)
	2:02 (18:37)	1:43 (20:20)	4:34 (24:54)	1:46 (26:40)	2:06 (28:46)	5:58 (34:44)
	2:56 (37:40)	2:12 (39:52)	3:18 (43:10)	1:30 (44:40)	1:31 (46:11)	3:13 (49:24)
	2:09 (51:33)	2:52 (54:25)	3:47 (58:12)	1:31 (59:43)	0:58 (1:00:41)	2:27 (1:03:08)
	0:52 (1:04:00)					
8.	Kasper Ingerslev	Ballerup OK	1:04:43	+9:07		
	1:36 (1:36)	1:46 (3:22)	7:08 (10:30)	1:18 (11:48)	3:09 (14:57)	1:40 (16:37)
	2:07 (18:44)	1:35 (20:19)	4:40 (24:59)	1:10 (26:09)	2:07 (28:16)	5:13 (33:29)
	1:16 (34:45)	2:46 (37:31)	2:04 (39:35)	5:50 (45:25)	2:46 (48:11)	1:47 (49:58)
	3:25 (53:23)	1:41 (55:04)	3:33 (58:37)	1:24 (1:00:01)	0:59 (1:01:00)	2:20 (1:03:20)
	1:23 (1:04:43)					
9.	Asger Habekost Nielsen	OK ØST Birkerød	1:05:17	+9:41		
	1:43 (1:43)	1:55 (3:38)	7:13 (10:51)	1:22 (12:13)	3:21 (15:34)	1:48 (17:22)
	2:24 (19:46)	1:46 (21:32)	4:54 (26:26)	1:20 (27:46)	2:26 (30:12)	5:24 (35:36)
	2:52 (38:28)	1:43 (40:11)	3:07 (43:18)	1:46 (45:04)	1:25 (46:29)	3:16 (49:45)
	2:18 (52:03)	3:01 (55:04)	3:49 (58:53)	1:33 (1:00:26)	1:05 (1:01:31)	2:39 (1:04:10)
	1:07 (1:05:17)					
10.	Jakob Schøier Kovsted	Tisvilde Hegn OK	1:08:10	+12:34		
	3:06 (3:06)	1:46 (4:52)	5:32 (10:24)	1:16 (11:40)	3:06 (14:46)	1:38 (16:24)
	2:08 (18:32)	1:40 (20:12)	5:36 (25:48)	1:49 (27:37)	1:58 (29:35)	5:45 (35:20)
	1:47 (37:07)	3:08 (40:15)	2:09 (42:24)	2:57 (45:21)	4:13 (49:34)	2:08 (51:42)
	4:10 (55:52)	2:08 (58:00)	4:05 (1:02:05)	1:27 (1:03:32)	1:15 (1:04:47)	2:37 (1:07:24)
	0:46 (1:08:10)					
11.	Brian Lomholt Jensen	Farum OK	1:14:40	+19:04		
	1:57 (1:57)	1:44 (3:41)	3:51 (7:32)	1:44 (9:16)	3:36 (12:52)	1:32 (14:24)
	7:28 (21:52)	1:24 (23:16)	5:13 (28:29)	2:41 (31:10)	2:43 (33:53)	2:44 (36:37)
	5:24 (42:01)	1:27 (43:28)	2:29 (45:57)	6:01 (51:58)	1:59 (53:57)	3:26 (57:23)
	2:55 (1:00:18)	2:43 (1:03:01)	4:54 (1:07:55)	1:44 (1:09:39)	1:10 (1:10:49)	2:41 (1:13:30)
	1:10 (1:14:40)					
	Bjarke Refslund	OK Pan	Fejlklip			
	7:56 (7:56)	2:08 (10:04)	3:20 (13:24)	1:56 (15:20)	3:06 (18:26)	1:49 (20:15)
	7:26 (27:41)	1:25 (29:06)	3:55 (33:01)	2:31 (35:32)	2:54 (38:26)	3:05 (41:31)
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (57:16)	2:51 (1:00:07)
	1:05 (1:01:12)					
	Bertram Kopp Stannum	Tisvilde Hegn OK	Ej startet			
	Malte Kjær Hømmingsen	FIF Hillerød Orientering	Ej startet			
	Mikkel Kaae-Nielsen	Søllerød OK	Ej startet			
	Rasmus Skovhede Hviid	Lyngby OK	Ej startet			
H2		(38 / 38)	Tid	Efter		
1.	Jacob Steinthal	FIF Hillerød Orientering	37:50			
	2:01 (2:01)	3:11 (5:12)	0:56 (6:08)	0:52 (7:00)	1:58 (8:58)	2:53 (11:51)
	2:16 (14:07)	1:17 (15:24)	2:26 (17:50)	2:12 (20:02)	1:35 (21:37)	0:50 (22:27)
	1:49 (24:16)	1:55 (26:11)	2:30 (28:41)	1:27 (30:08)	2:02 (32:10)	0:41 (32:51)
	1:55 (34:46)	2:14 (37:00)	0:50 (37:50)			

2.	Oscar David Broman Jensen	Allerød OK	37:52	+0:02		
	2:04 (2:04)	3:02 (5:06)	2:15 (7:21)	1:11 (8:32)	2:32 (11:04)	2:45 (13:49)
	1:01 (14:50)	0:52 (15:42)	1:55 (17:37)	2:15 (19:52)	1:41 (21:33)	0:51 (22:24)
	1:43 (24:07)	2:06 (26:13)	2:38 (28:51)	1:21 (30:12)	1:57 (32:09)	0:41 (32:50)
	1:56 (34:46)	2:16 (37:02)	0:50 (37:52)			
3.	Malthe Poulsen	FIF Hillerød Orientering	37:56	+0:06		
	1:56 (1:56)	3:20 (5:16)	0:53 (6:09)	0:53 (7:02)	1:58 (9:00)	2:49 (11:49)
	2:21 (14:10)	1:16 (15:26)	2:26 (17:52)	2:09 (20:01)	1:39 (21:40)	0:48 (22:28)
	1:46 (24:14)	2:04 (26:18)	2:29 (28:47)	1:22 (30:09)	1:55 (32:04)	0:43 (32:47)
	1:57 (34:44)	2:17 (37:01)	0:55 (37:56)			
4.	Lukas Becker	Søllerød OK	42:48	+4:58		
	1:57 (1:57)	3:04 (5:01)	2:15 (7:16)	1:14 (8:30)	2:36 (11:06)	2:28 (13:34)
	1:04 (14:38)	0:53 (15:31)	2:04 (17:35)	2:52 (20:27)	2:04 (22:31)	1:00 (23:31)
	2:35 (26:06)	2:30 (28:36)	3:01 (31:37)	1:33 (33:10)	2:19 (35:29)	1:12 (36:41)
	2:27 (39:08)	2:37 (41:45)	1:03 (42:48)			
5.	Tim Falck Weber	Tisvide Hegn OK	42:52	+5:02		
	2:10 (2:10)	2:37 (4:47)	1:57 (6:44)	0:51 (7:35)	1:49 (9:24)	2:17 (11:41)
	3:42 (15:23)	2:46 (18:09)	1:19 (19:28)	3:14 (22:42)	2:45 (25:27)	1:10 (26:37)
	1:02 (27:39)	2:10 (29:49)	2:34 (32:23)	1:34 (33:57)	1:59 (35:56)	0:43 (36:39)
	2:32 (39:11)	2:37 (41:48)	1:04 (42:52)			
6.	Theis Munktvad	Allerød OK	43:46	+5:56		
	2:12 (2:12)	2:20 (4:32)	1:53 (6:25)	0:54 (7:19)	1:48 (9:07)	3:11 (12:18)
	3:55 (16:13)	2:47 (19:00)	1:25 (20:25)	3:16 (23:41)	3:09 (26:50)	1:08 (27:58)
	0:55 (28:53)	2:24 (31:17)	2:35 (33:52)	1:24 (35:16)	2:03 (37:19)	0:38 (37:57)
	2:09 (40:06)	2:35 (42:41)	1:05 (43:46)			
7.	Lasse Hansen	KOK	44:05	+6:15		
	2:37 (2:37)	2:11 (4:48)	2:01 (6:49)	0:50 (7:39)	1:50 (9:29)	2:01 (11:30)
	4:00 (15:30)	2:45 (18:15)	1:26 (19:41)	3:50 (23:31)	3:22 (26:53)	1:11 (28:04)
	0:56 (29:00)	2:21 (31:21)	2:37 (33:58)	1:22 (35:20)	2:04 (37:24)	0:41 (38:05)
	2:16 (40:21)	2:35 (42:56)	1:09 (44:05)			
8.	Mathias Buchgreitz	Søllerød OK	44:11	+6:21		
	2:14 (2:14)	3:03 (5:17)	1:01 (6:18)	0:59 (7:17)	2:11 (9:28)	4:46 (14:14)
	2:44 (16:58)	1:28 (18:26)	2:51 (21:17)	2:27 (23:44)	1:54 (25:38)	0:53 (26:31)
	2:25 (28:56)	2:15 (31:11)	2:52 (34:03)	1:28 (35:31)	2:10 (37:41)	0:37 (38:18)
	2:16 (40:34)	2:36 (43:10)	1:01 (44:11)			
9.	Andreas Olesen	PI-København	44:17	+6:27		
	2:16 (2:16)	2:39 (4:55)	1:12 (6:07)	1:00 (7:07)	2:16 (9:23)	4:35 (13:58)
	2:39 (16:37)	2:11 (18:48)	2:43 (21:31)	2:19 (23:50)	1:56 (25:46)	0:55 (26:41)
	2:10 (28:51)	2:18 (31:09)	2:52 (34:01)	1:28 (35:29)	2:10 (37:39)	0:35 (38:14)
	2:16 (40:30)	2:38 (43:08)	1:09 (44:17)			
10.	Alex Ottesen	Ballerup OK	44:49	+6:59		
	2:22 (2:22)	3:21 (5:43)	1:04 (6:47)	0:56 (7:43)	2:46 (10:29)	3:30 (13:59)
	2:54 (16:53)	1:26 (18:19)	3:03 (21:22)	2:24 (23:46)	2:05 (25:51)	0:59 (26:50)
	2:09 (28:59)	2:19 (31:18)	2:47 (34:05)	1:28 (35:33)	2:11 (37:44)	0:39 (38:23)
	2:19 (40:42)	2:50 (43:32)	1:17 (44:49)			
11.	Carsten Gemmer Hanghøj	Ballerup OK	48:56	+11:06		
	2:48 (2:48)	2:25 (5:13)	2:13 (7:26)	0:59 (8:25)	2:02 (10:27)	2:16 (12:43)
	4:01 (16:44)	3:00 (19:44)	1:39 (21:23)	3:04 (24:27)	3:32 (27:59)	1:11 (29:10)
	1:08 (30:18)	2:54 (33:12)	2:47 (35:59)	1:42 (37:41)	2:26 (40:07)	0:51 (40:58)
	3:32 (44:30)	3:03 (47:33)	1:23 (48:56)			
12.	Leif E. Larsen	Tisvide Hegn OK	49:56	+12:06		
	2:33 (2:33)	3:08 (5:41)	1:11 (6:52)	1:01 (7:53)	2:29 (10:22)	5:29 (15:51)
	3:04 (18:55)	1:33 (20:28)	3:34 (24:02)	2:46 (26:48)	2:16 (29:04)	1:18 (30:22)
	2:19 (32:41)	2:44 (35:25)	3:04 (38:29)	1:37 (40:06)	2:18 (42:24)	0:56 (43:20)
	2:40 (46:00)	2:44 (48:44)	1:12 (49:56)			
13.	Asger L. Holmberg	FIF Hillerød Orientering	50:05	+12:15		
	2:38 (2:38)	4:03 (6:41)	3:47 (10:28)	1:57 (12:25)	3:13 (15:38)	3:39 (19:17)
	1:23 (20:40)	1:14 (21:54)	2:44 (24:38)	3:02 (27:40)	2:12 (29:52)	1:01 (30:53)
	2:14 (33:07)	2:11 (35:18)	3:25 (38:43)	1:46 (40:29)	2:11 (42:40)	1:07 (43:47)
	2:49 (46:36)	2:32 (49:08)	0:57 (50:05)			
14.	Jørgen Skaarup	Ballerup OK	50:09	+12:19		
	2:47 (2:47)	3:56 (6:43)	3:29 (10:12)	1:43 (11:55)	3:25 (15:20)	3:18 (18:38)
	1:27 (20:05)	1:18 (21:23)	2:41 (24:04)	2:50 (26:54)	2:16 (29:10)	1:13 (30:23)
	2:21 (32:44)	2:41 (35:25)	3:02 (38:27)	1:41 (40:08)	2:20 (42:28)	0:54 (43:22)
	2:40 (46:02)	2:51 (48:53)	1:16 (50:09)			
15.	Lars Lyngsø	Allerød OK	50:53	+13:03		
	2:43 (2:43)	2:20 (5:03)	2:14 (7:17)	0:58 (8:15)	2:04 (10:19)	2:39 (12:58)
	4:42 (17:40)	3:17 (20:57)	1:42 (22:39)	3:31 (26:10)	3:34 (29:44)	1:35 (31:19)
	1:21 (32:40)	2:56 (35:36)	3:03 (38:39)	1:48 (40:27)	2:21 (42:48)	1:02 (43:50)
	2:45 (46:35)	2:56 (49:31)	1:22 (50:53)			
16.	Lukas Kjær Hemmingsen	FIF Hillerød Orientering	51:31	+13:41		
	2:14 (2:14)	2:19 (4:33)	1:54 (6:27)	0:53 (7:20)	1:52 (9:12)	2:06 (11:18)
	4:59 (16:17)	2:50 (19:07)	1:26 (20:33)	3:31 (24:04)	3:26 (27:30)	1:16 (28:46)
	0:57 (29:43)	2:20 (32:03)	3:38 (35:41)	1:29 (37:10)	2:22 (39:32)	0:48 (40:20)
	3:31 (43:51)	6:19 (50:10)	1:21 (51:31)			
17.	Dennis Øbro	Tisvide Hegn OK	52:34	+14:44		
	2:50 (2:50)	2:30 (5:20)	2:24 (7:44)	0:58 (8:42)	2:14 (10:56)	2:24 (13:20)
	4:14 (17:34)	3:18 (20:52)	1:44 (22:36)	3:41 (26:17)	4:35 (30:52)	1:28 (32:20)
	1:33 (33:53)	3:05 (36:58)	3:07 (40:05)	1:44 (41:49)	2:32 (44:21)	0:50 (45:11)
	2:54 (48:05)	3:14 (51:19)	1:15 (52:34)			
18.	Morten Bang Nørgaard	OK ØST Birkerød	52:37	+14:47		
	2:28 (2:28)	2:26 (4:54)	2:21 (7:15)	1:04 (8:19)	2:10 (10:29)	2:31 (13:00)
	4:43 (17:43)	3:17 (21:00)	1:41 (22:41)	3:40 (26:21)	4:38 (30:59)	1:30 (32:29)
	1:16 (33:45)	2:54 (36:39)	3:14 (39:53)	2:03 (41:56)	2:27 (44:23)	0:50 (45:13)
	2:55 (48:08)	3:14 (51:22)	1:15 (52:37)			
19.	Morten Ebbensgaard	OK ØST Birkerød	57:16	+19:26		
	2:50 (2:50)	3:58 (6:48)	3:55 (10:43)	1:49 (12:32)	3:43 (16:15)	3:18 (19:33)
	1:24 (20:57)	1:26 (22:23)	3:14 (25:37)	3:33 (29:10)	2:35 (31:45)	1:11 (32:56)
	2:33 (35:29)	2:47 (38:16)	4:48 (43:04)	1:58 (45:02)	2:30 (47:32)	1:00 (48:32)
	2:58 (51:30)	4:19 (55:49)	1:27 (57:16)			
20.	Jens Kovsted	Tisvide Hegn OK	57:48	+19:58		
	2:45 (2:45)	3:51 (6:36)	3:31 (10:07)	1:28 (11:35)	3:11 (14:46)	3:15 (18:01)
	1:24 (19:25)	1:09 (20:34)	2:29 (23:03)	2:58 (26:01)	2:47 (28:48)	1:13 (30:01)
	2:17 (32:18)	2:32 (34:50)	3:09 (37:59)	1:42 (39:41)	8:08 (47:49)	0:41 (48:30)
	2:42 (51:12)	5:24 (56:36)	1:12 (57:48)			
21.	Sten Skytte Kirkegaard	Tisvide Hegn OK	58:02	+20:12		
	2:47 (2:47)	3:14 (6:01)	1:12 (7:13)	1:13 (8:26)	2:59 (11:25)	4:03 (15:28)
	3:18 (18:46)	1:38 (20:24)	5:25 (25:49)	3:14 (29:03)	2:32 (31:35)	1:23 (32:58)
	2:39 (35:37)	2:34 (38:11)	4:55 (43:06)	1:57 (45:03)	2:34 (47:37)	1:08 (48:45)
	2:35 (51:20)	5:23 (56:43)	1:19 (58:02)			

22.	Steen T. Hasholt	Allerød OK	58:38	+20:48		
	3:20 (3:20)	3:20 (6:40)	2:24 (9:04)	1:14 (10:18)	2:35 (12:53)	5:16 (18:09)
	3:28 (21:37)	1:30 (23:07)	3:31 (26:38)	3:07 (29:45)	2:14 (31:59)	1:06 (33:05)
	2:12 (35:17)	2:44 (38:01)	7:45 (45:46)	1:32 (47:18)	2:35 (49:53)	1:06 (50:59)
	3:08 (54:07)	3:08 (57:15)	1:23 (58:38)			
23.	Svend-Erik Jepsen	Søllerød OK	58:53	+21:03		
	2:27 (2:27)	3:31 (5:58)	1:17 (7:15)	1:14 (8:29)	3:13 (11:42)	4:36 (16:18)
	3:39 (19:57)	1:51 (21:48)	3:50 (25:38)	3:58 (29:36)	2:30 (32:06)	1:04 (33:10)
	2:23 (35:33)	2:41 (38:14)	4:54 (43:08)	1:52 (45:00)	2:35 (47:35)	1:00 (48:35)
	2:50 (51:25)	6:12 (57:37)	1:16 (58:53)			
24.	Poul Henning Poulsen	Tisvilde Hegn OK	1:02:08	+24:18		
	2:39 (2:39)	2:32 (5:11)	2:30 (7:41)	1:03 (8:44)	2:21 (11:05)	2:30 (13:35)
	4:22 (17:57)	3:26 (21:23)	1:31 (22:54)	3:48 (26:42)	4:12 (30:54)	1:29 (32:23)
	1:17 (33:40)	3:01 (36:41)	3:15 (39:56)	1:47 (41:43)	2:31 (44:14)	0:49 (45:03)
	3:25 (48:28)	12:10 (1:00:38)	1:30 (1:02:08)			
25.	Max Prang	Fredensborg OK	1:02:44	+24:54		
	2:57 (2:57)	2:30 (5:27)	2:46 (8:13)	1:05 (9:18)	2:59 (12:17)	3:07 (15:24)
	5:17 (20:41)	3:54 (24:35)	2:09 (26:44)	4:05 (30:49)	6:43 (37:32)	1:45 (39:17)
	1:29 (40:46)	3:15 (44:01)	3:58 (47:59)	2:03 (50:02)	2:47 (52:49)	0:54 (53:43)
	4:13 (57:56)	3:23 (1:01:19)	1:25 (1:02:44)			
26.	Henrik Albahn	Lyngby OK	1:03:04	+25:14		
	2:39 (2:39)	4:06 (6:45)	3:34 (10:19)	1:45 (12:04)	3:29 (15:33)	3:32 (19:05)
	1:22 (20:27)	1:05 (21:32)	2:43 (24:15)	6:27 (30:42)	2:30 (33:12)	1:15 (34:27)
	7:07 (41:34)	3:44 (45:18)	3:59 (49:17)	2:02 (51:19)	2:29 (53:48)	1:11 (54:59)
	3:32 (58:31)	3:13 (1:01:44)	1:20 (1:03:04)			
27.	Peter Becker	Søllerød OK	1:03:07	+25:17		
	2:45 (2:45)	4:07 (6:52)	6:20 (13:12)	1:54 (15:06)	3:11 (18:17)	5:34 (23:51)
	1:19 (25:10)	1:24 (26:34)	2:50 (29:24)	3:57 (33:21)	4:30 (37:51)	1:13 (39:04)
	2:51 (41:55)	2:47 (44:42)	2:55 (47:37)	1:50 (49:27)	3:02 (52:29)	1:16 (53:45)
	3:02 (56:47)	5:06 (1:01:53)	1:14 (1:03:07)			
28.	Christian Olsen	Amager OK	1:03:59	+26:09		
	2:35 (2:35)	11:30 (14:05)	2:56 (17:01)	1:36 (18:37)	2:52 (21:29)	3:06 (24:35)
	1:28 (26:03)	1:03 (27:06)	2:32 (29:38)	3:34 (33:12)	4:35 (37:47)	1:04 (38:51)
	2:59 (41:50)	3:37 (45:27)	2:40 (48:07)	1:34 (49:41)	3:35 (53:16)	0:44 (54:00)
	2:44 (56:44)	6:03 (1:02:47)	1:12 (1:03:59)			
29.	Michael Nygaard Møller	Ballerup OK	1:05:04	+27:14		
	3:02 (3:02)	4:04 (7:06)	1:40 (8:46)	1:28 (10:14)	2:53 (13:07)	4:23 (17:30)
	3:37 (21:07)	1:42 (22:49)	3:41 (26:30)	3:46 (30:16)	2:36 (32:52)	1:21 (34:13)
	2:56 (37:09)	4:12 (41:21)	4:05 (45:26)	1:56 (47:22)	2:35 (49:57)	0:48 (50:45)
	5:28 (56:13)	7:18 (1:03:31)	1:33 (1:05:04)			
30.	Niels la Cour Bentzon	Søllerød OK	1:06:01	+28:11		
	2:34 (2:34)	2:35 (5:09)	2:30 (7:39)	1:00 (8:39)	2:37 (11:16)	2:47 (14:03)
	4:23 (18:26)	3:43 (22:09)	3:02 (25:11)	4:23 (29:34)	5:02 (34:36)	1:56 (36:32)
	1:20 (37:52)	3:00 (40:52)	4:19 (45:11)	1:48 (46:59)	6:06 (53:05)	0:53 (53:58)
	3:01 (56:59)	7:49 (1:04:48)	1:13 (1:06:01)			
31.	Steen Stausholm	Farum OK	1:07:09	+29:19		
	2:42 (2:42)	3:10 (5:52)	1:11 (7:03)	1:17 (8:20)	2:51 (11:11)	4:21 (15:32)
	3:26 (18:58)	1:36 (20:34)	3:50 (24:24)	3:26 (27:50)	2:18 (30:08)	1:10 (31:18)
	2:25 (33:43)	15:31 (49:14)	3:41 (52:55)	1:51 (54:46)	2:27 (57:13)	1:06 (58:19)
	4:18 (1:02:37)	3:03 (1:05:40)	1:29 (1:07:09)			
32.	Jens Karlsmose	Farum OK	1:07:32	+29:42		
	3:06 (3:06)	5:16 (8:22)	3:51 (12:13)	2:23 (14:36)	3:52 (18:28)	5:19 (23:47)
	1:32 (25:19)	1:31 (26:50)	3:13 (30:03)	4:03 (34:06)	3:09 (37:15)	1:40 (38:55)
	5:59 (44:54)	3:39 (48:33)	4:32 (53:05)	2:08 (55:13)	2:50 (58:03)	0:51 (58:54)
	3:15 (1:02:09)	3:39 (1:05:48)	1:44 (1:07:32)			
33.	Hans Christian Strib	OK GORM	1:15:57	+38:07		
	3:03 (3:03)	3:49 (6:52)	2:01 (8:53)	1:34 (10:27)	3:16 (13:43)	7:56 (21:39)
	4:34 (26:13)	3:19 (29:32)	7:03 (36:35)	4:40 (41:15)	3:10 (44:25)	2:10 (46:35)
	3:22 (49:57)	4:18 (54:15)	4:14 (58:29)	2:25 (1:00:54)	3:54 (1:04:48)	1:34 (1:06:22)
	3:57 (1:10:19)	3:58 (1:14:17)	1:40 (1:15:57)			
	Anders Marager	Allerød OK	Ej startet			
	Emil Bundgaard	PI-København	Ej startet			
	Morten Ploug	Ballerup OK	Ej startet			
	Rasmus Nielsen	Tisvilde Hegn OK	Ej startet			
	Valdemar Marager	Allerød OK	Ej startet			
H3		(26 / 26)	Tid	Efter		
1.	Ulrik Staugaard	FIF Hillerød Orientering	41:15			
	3:52 (3:52)	1:51 (5:43)	3:58 (9:41)	1:40 (11:21)	2:49 (14:10)	2:55 (17:05)
	3:08 (20:13)	2:53 (23:06)	2:25 (25:31)	4:17 (29:48)	4:27 (34:15)	1:49 (36:04)
	1:13 (37:17)	2:57 (40:14)	1:01 (41:15)			
2.	Casper Wilken	OK ØST Birkerød	41:35	+0:20		
	3:35 (3:35)	1:48 (5:23)	4:17 (9:40)	1:44 (11:24)	2:54 (14:18)	2:48 (17:06)
	5:50 (22:56)	1:28 (24:24)	0:57 (25:21)	4:15 (29:36)	4:36 (34:12)	1:51 (36:03)
	1:16 (37:19)	3:13 (40:32)	1:03 (41:35)			
3.	Carsten Hansen	FIF Hillerød Orientering	44:18	+3:03		
	4:06 (4:06)	3:20 (7:26)	1:40 (9:06)	1:10 (10:16)	4:41 (14:57)	2:27 (17:24)
	5:11 (22:35)	2:23 (24:58)	3:13 (28:11)	2:54 (31:05)	4:01 (35:06)	2:06 (37:12)
	1:19 (38:31)	3:37 (42:08)	2:10 (44:18)			
4.	Frederik E. Krogh	OK ØST Birkerød	44:34	+3:19		
	4:22 (4:22)	3:05 (7:27)	1:28 (8:55)	1:41 (10:36)	6:43 (17:19)	2:45 (20:04)
	5:28 (25:32)	1:55 (27:27)	3:19 (30:46)	3:03 (33:49)	3:30 (37:19)	1:46 (39:05)
	1:17 (40:22)	3:15 (43:37)	0:57 (44:34)			
5.	Kurt Thuesen	FSK Orientering	45:23	+4:08		
	5:42 (5:42)	3:15 (8:57)	1:36 (10:33)	1:19 (11:52)	5:26 (17:18)	3:07 (20:25)
	4:39 (25:04)	2:02 (27:06)	3:20 (30:26)	3:19 (33:45)	3:55 (37:40)	1:49 (39:29)
	1:22 (40:51)	3:22 (44:13)	1:10 (45:23)			
6.	Karsten Schultz	FIF Hillerød Orientering	47:21	+6:06		
	3:57 (3:57)	3:53 (7:50)	1:37 (9:27)	1:11 (10:38)	4:26 (15:04)	3:09 (18:13)
	5:16 (23:29)	2:13 (25:42)	3:34 (29:16)	3:52 (33:08)	4:21 (37:29)	2:08 (39:37)
	1:55 (41:32)	3:58 (45:30)	1:51 (47:21)			
7.	Henrik Nielsen	Holbæk OK	48:05	+6:50		
	3:59 (3:59)	2:20 (6:19)	4:42 (11:01)	1:50 (12:51)	3:33 (16:24)	3:27 (19:51)
	5:59 (25:50)	1:33 (27:23)	2:34 (29:57)	5:01 (34:58)	4:28 (39:26)	2:15 (41:41)
	1:34 (43:15)	3:23 (46:38)	1:27 (48:05)			
8.	Jens Korsholm	Farum OK	48:08	+6:53		

	4:05 (4:05)	2:50 (6:55)	4:44 (11:39)	2:01 (13:40)	3:24 (17:04)	3:09 (20:13)
	4:19 (24:32)	1:48 (26:20)	4:05 (30:25)	4:31 (34:56)	4:04 (39:00)	2:02 (41:02)
	1:30 (42:32)	3:26 (45:58)	2:10 (48:08)			
9.	Jimmy Hoen		Ballerup OK	48:09 +6:54		
	4:29 (4:29)	2:38 (7:07)	4:41 (11:48)	1:59 (13:47)	3:22 (17:09)	3:18 (20:27)
	4:49 (25:16)	1:41 (26:57)	2:46 (29:43)	5:17 (35:00)	4:22 (39:22)	2:08 (41:30)
	1:27 (42:57)	3:45 (46:42)	1:27 (48:09)			
10.	Gregers Jørgensen		Ballerup OK	48:18 +7:03		
	4:03 (4:03)	3:32 (7:35)	1:39 (9:14)	2:00 (11:14)	6:09 (17:23)	2:55 (20:18)
	4:49 (25:07)	2:07 (27:14)	3:16 (30:30)	3:36 (34:06)	5:12 (39:18)	2:19 (41:37)
	1:26 (43:03)	3:42 (46:45)	1:33 (48:18)			
11.	Jens Peter Gundorf		OK ØST Birkerød	50:45 +9:30		
	4:16 (4:16)	7:10 (11:26)	5:06 (16:32)	1:59 (18:31)	3:33 (22:04)	3:48 (25:52)
	3:55 (29:47)	1:42 (31:29)	1:33 (33:02)	4:33 (37:35)	4:12 (41:47)	1:56 (43:43)
	1:36 (45:19)	3:39 (48:58)	1:47 (50:45)			
12.	Karsten Richardt		Køge OK	51:42 +10:27		
	4:16 (4:16)	3:07 (7:23)	5:58 (13:21)	2:24 (15:45)	4:05 (19:50)	4:12 (24:02)
	4:26 (28:28)	1:59 (30:27)	1:25 (31:52)	6:09 (38:01)	4:17 (42:18)	2:30 (44:48)
	1:35 (46:23)	3:48 (50:11)	1:31 (51:42)			
13.	Lars Sørensen		OK ØST Birkerød	53:56 +12:41		
	4:44 (4:44)	3:55 (8:39)	1:51 (10:30)	5:01 (15:31)	4:12 (19:43)	2:45 (22:28)
	4:48 (27:16)	2:09 (29:25)	3:19 (32:44)	3:09 (35:53)	10:48 (46:41)	1:49 (48:30)
	1:19 (49:49)	2:51 (52:40)	1:16 (53:56)			
14.	Hakon Mosbech		OK Skærmn Værløse	54:40 +13:25		
	4:48 (4:48)	4:05 (8:53)	1:47 (10:40)	9:08 (19:48)	4:41 (24:29)	3:00 (27:29)
	4:57 (32:26)	2:08 (34:34)	3:55 (38:29)	3:20 (41:49)	4:33 (46:22)	1:57 (48:19)
	1:24 (49:43)	3:18 (53:01)	1:39 (54:40)			
15.	Ole D. Jensen		Tisvilde Hegn OK	55:19 +14:04		
	7:16 (7:16)	5:25 (12:41)	1:56 (14:37)	2:48 (17:25)	5:32 (22:57)	3:13 (26:10)
	5:42 (31:52)	2:18 (34:10)	4:07 (38:17)	3:24 (41:41)	4:20 (46:01)	2:17 (48:18)
	1:55 (50:13)	3:31 (53:44)	1:35 (55:19)			
16.	John Tripax		OK Roskilde	55:37 +14:22		
	6:43 (6:43)	4:59 (11:42)	2:17 (13:59)	1:39 (15:38)	4:50 (20:28)	4:45 (25:13)
	5:03 (30:16)	2:30 (32:46)	4:55 (37:41)	3:52 (41:33)	4:20 (45:53)	2:30 (48:23)
	1:48 (50:11)	3:43 (53:54)	1:43 (55:37)			
17.	Kai Beck-Andersen		Farum OK	56:06 +14:51		
	4:35 (4:35)	4:36 (9:11)	1:57 (11:08)	2:11 (13:19)	5:09 (18:28)	3:13 (21:41)
	6:03 (27:44)	2:25 (30:09)	4:13 (34:22)	3:46 (38:08)	4:55 (43:03)	6:03 (49:06)
	1:30 (50:36)	3:45 (54:21)	1:45 (56:06)			
18.	Anton Lauritzen		Holbæk OK	1:15:07 +33:52		
	6:40 (6:40)	9:53 (16:33)	2:13 (18:46)	2:12 (20:58)	7:55 (28:53)	4:25 (33:18)
	8:06 (41:24)	2:43 (44:07)	5:22 (49:29)	4:23 (53:52)	9:03 (1:02:55)	2:31 (1:05:26)
	2:25 (1:07:51)	5:14 (1:13:05)	2:02 (1:15:07)			
19.	Henrik Wibe		Allerød OK	1:24:06 +42:51		
	16:32 (16:32)	4:10 (20:42)	5:31 (26:13)	3:03 (29:16)	3:53 (33:09)	3:33 (36:42)
	5:35 (42:17)	2:27 (44:44)	4:46 (49:30)	5:52 (55:22)	17:59 (1:13:21)	2:19 (1:15:40)
	2:03 (1:17:43)	4:36 (1:22:19)	1:47 (1:24:06)			
	Niels Hamborg Jensen		OK Skærmn Værløse	Fejlklip		
	25:41 (25:41)	2:54 (28:35)	4:59 (33:34)	2:24 (35:58)	4:55 (40:53)	3:42 (44:35)
	5:09 (49:44)	1:49 (51:33)	- (-)	- (-)	- (1:04:20)	2:39 (1:06:59)
	2:13 (1:09:12)	4:00 (1:13:12)	1:58 (1:15:10)			
	Uffe Just Pedersen		Søllerød OK	Fejlklip		
	4:19 (4:19)	3:09 (7:28)	5:22 (12:50)	2:27 (15:17)	3:33 (18:50)	5:33 (24:23)
	- (-)	- (-)	- (-)	- (-)	- (29:03)	2:48 (31:51)
	3:25 (35:16)	4:16 (39:32)	1:40 (41:12)			
	Karsten Funder		FIF Hillerød Orientering	Udgået		
	Henrik Snedker Pedersen		Holbæk OK	Ej startet		
	Jesper Kirkeskov		Søllerød OK	Ej startet		
	Peter Reinholdt		Farum OK	Ej startet		
	Peter Sørensen		PI-København	Ej startet		
H4			(8 / 8)	Tid	Efter	
1.	Peter Krogh		OK ØST Birkerød	55:35		
	4:21 (4:21)	3:10 (7:31)	3:41 (11:12)	1:43 (12:55)	1:49 (14:44)	4:11 (18:55)
	10:21 (29:16)	3:39 (32:55)	5:29 (38:24)	6:57 (45:21)	2:20 (47:41)	1:59 (49:40)
	4:02 (53:42)	1:53 (55:35)				
2.	Mogens Hansen		OK Skærmn Værløse	55:36 +0:01		
	4:23 (4:23)	5:37 (10:00)	2:35 (12:35)	4:52 (17:27)	3:06 (20:33)	3:57 (24:30)
	2:43 (27:13)	1:31 (28:44)	14:17 (43:01)	2:57 (45:58)	2:22 (48:20)	1:36 (49:56)
	3:53 (53:49)	1:47 (55:36)				
3.	Gunner Jørgensen		OK73	56:11 +0:36		
	4:38 (4:38)	3:18 (7:56)	3:27 (11:23)	1:54 (13:17)	1:40 (14:57)	4:20 (19:17)
	6:27 (25:44)	3:04 (28:48)	14:18 (43:06)	3:00 (46:06)	2:27 (48:33)	1:50 (50:23)
	4:15 (54:38)	1:33 (56:11)				
4.	Ole Christiansen		Farum OK	56:55 +1:20		
	8:45 (8:45)	3:24 (12:09)	3:44 (15:53)	2:23 (18:16)	1:50 (20:06)	6:36 (26:42)
	2:22 (29:04)	4:13 (33:17)	8:28 (41:45)	3:52 (45:37)	3:02 (48:39)	1:54 (50:33)
	4:54 (55:27)	1:28 (56:55)				
5.	Mogens Jørgensen		Søllerød OK	59:22 +3:47		
	7:12 (7:12)	5:10 (12:22)	4:40 (17:02)	2:33 (19:35)	2:17 (21:52)	6:48 (28:40)
	3:06 (31:46)	4:04 (35:50)	6:50 (42:40)	3:49 (46:29)	2:55 (49:24)	2:48 (52:12)
	5:38 (57:50)	1:32 (59:22)				
6.	Ole Svendsen		OK Roskilde	1:05:24 +9:49		
	3:08 (3:08)	9:28 (12:36)	13:50 (26:26)	3:16 (29:42)	3:15 (32:57)	4:56 (37:53)
	2:02 (39:55)	2:00 (41:55)	7:11 (49:06)	3:50 (52:56)	2:31 (55:27)	1:51 (57:18)
	5:37 (1:02:55)	2:29 (1:05:24)				
7.	Szabolcs Osváth		OK Roskilde	1:08:45 +13:10		
	7:13 (7:13)	6:38 (13:51)	3:33 (17:24)	2:27 (19:51)	1:30 (21:21)	4:47 (26:08)
	8:04 (34:12)	9:09 (43:21)	8:52 (52:13)	4:32 (56:45)	2:00 (58:45)	2:28 (1:01:13)
	4:59 (1:06:12)	2:33 (1:08:45)				
8.	Jørn Andreassen		OK73	1:25:41 +30:06		
	8:50 (8:50)	15:23 (24:13)	2:19 (26:32)	3:43 (30:15)	3:49 (34:04)	5:06 (39:10)
	3:32 (42:42)	1:54 (44:36)	19:28 (1:04:04)	8:53 (1:12:57)	3:03 (1:16:00)	1:58 (1:17:58)
	5:05 (1:23:03)	2:38 (1:25:41)				
H5			(3 / 3)	Tid	Efter	
1.	Gustav L. Holmberg		FIF Hillerød Orientering	38:05		

1:44 (1:44)	2:44 (4:28)	2:45 (7:13)	2:02 (9:15)	1:01 (10:16)	1:38 (11:54)
3:07 (15:01)	11:40 (26:41)	1:26 (28:07)	3:05 (31:12)	2:44 (33:56)	1:43 (35:39)
1:23 (37:02)	1:03 (38:05)				
Vincent Becker	Søllerød OK		Fejlklip		
1:46 (1:46)	3:45 (5:31)	9:55 (15:26)	2:35 (18:01)	1:40 (19:41)	5:59 (25:40)
4:36 (30:16)	4:47 (35:03)	2:09 (37:12)	- (-)	- (-)	- (-)
- (-)	- (58:07)				
Jan Kristoffersen	Ballerup OK		Ej startet		