

Resultater – Natcup 7. afdeling

2019-02-06

H1			(18 / 18)		Tid	Efter
1.	Rasmus Møller Jess		OK Roskilde		50:09	
	3:42 (3:42)	1:26 (5:08)	3:23 (8:31)	2:44 (11:15)	1:06 (12:21)	4:49 (17:10)
	1:22 (18:32)	3:12 (21:44)	1:31 (23:15)	3:46 (27:01)	3:13 (30:14)	3:10 (33:24)
	1:24 (34:48)	2:16 (37:04)	1:32 (38:36)	2:35 (41:11)	1:51 (43:02)	1:39 (44:41)
	1:08 (45:49)	2:44 (48:33)	1:21 (49:54)	0:15 (50:09)		
2.	Oscar David Broman Jensen		Allerød OK		50:12	+0:03
	3:45 (3:45)	1:27 (5:12)	4:56 (10:08)	2:23 (12:31)	1:02 (13:33)	3:03 (16:36)
	1:41 (18:17)	3:22 (21:39)	1:28 (23:07)	4:12 (27:19)	2:57 (30:16)	3:06 (33:22)
	1:23 (34:45)	0:58 (35:43)	1:36 (37:19)	1:01 (38:20)	3:00 (41:20)	1:50 (43:10)
	2:34 (45:44)	2:51 (48:35)	1:21 (49:56)	0:16 (50:12)		
3.	Lasse Fugmann Thamdrup		Allerød OK		50:50	+0:41
	3:41 (3:41)	1:38 (5:19)	3:33 (8:52)	1:34 (10:26)	3:41 (14:07)	2:01 (16:08)
	2:46 (18:54)	3:11 (22:05)	1:12 (23:17)	2:54 (26:11)	4:44 (30:55)	3:09 (34:04)
	1:24 (35:28)	1:02 (36:30)	2:02 (38:32)	1:07 (39:39)	2:24 (42:03)	1:29 (43:32)
	2:18 (45:50)	3:01 (48:51)	1:42 (50:33)	0:17 (50:50)		
4.	Lasse Falck Weber		Tisvilde Hegn OK		52:14	+2:05
	3:49 (3:49)	1:33 (5:22)	3:19 (8:41)	2:21 (11:02)	1:16 (12:18)	2:34 (14:52)
	1:59 (16:51)	3:39 (20:30)	1:40 (22:10)	3:43 (25:53)	3:42 (29:35)	3:19 (32:54)
	1:31 (34:25)	2:16 (36:41)	1:55 (38:36)	1:10 (39:46)	2:36 (42:22)	1:31 (43:53)
	2:28 (46:21)	3:46 (50:07)	1:48 (51:55)	0:19 (52:14)		
5.	Agnes Nørgård Kracht		Tisvilde Hegn OK		52:32	+2:23
	3:59 (3:59)	1:35 (5:34)	3:42 (9:16)	2:58 (12:14)	1:14 (13:28)	3:40 (17:08)
	1:58 (19:06)	3:28 (22:34)	1:30 (24:04)	3:35 (27:39)	3:14 (30:53)	3:29 (34:22)
	1:30 (35:52)	2:30 (38:22)	1:32 (39:54)	3:24 (43:18)	0:57 (44:15)	2:19 (46:34)
	1:11 (47:45)	2:45 (50:30)	1:42 (52:12)	0:20 (52:32)		
6.	Lukas Becker		Søllerød OK		54:54	+4:45
	3:37 (3:37)	1:27 (5:04)	5:05 (10:09)	2:18 (12:27)	1:04 (13:31)	3:01 (16:32)
	2:06 (18:38)	3:25 (22:03)	1:28 (23:31)	3:51 (27:22)	4:21 (31:43)	4:33 (36:16)
	1:23 (37:39)	0:54 (38:33)	1:38 (40:11)	1:07 (41:18)	4:01 (45:19)	1:39 (46:58)
	3:09 (50:07)	2:26 (52:33)	2:05 (54:38)	0:16 (54:54)		
7.	Simon Troelsgård		Lyngby OK		55:10	+5:01
	4:03 (4:03)	1:59 (6:02)	3:38 (9:40)	2:06 (11:46)	4:12 (15:58)	2:11 (18:09)
	3:43 (21:52)	2:55 (24:47)	1:19 (26:06)	3:27 (29:33)	3:57 (33:30)	3:52 (37:22)
	1:32 (38:54)	2:46 (41:40)	1:49 (43:29)	2:45 (46:14)	1:01 (47:15)	1:51 (49:06)
	1:10 (50:16)	2:44 (53:00)	1:53 (54:53)	0:17 (55:10)		
8.	Tim Falck Weber		Tisvilde Hegn OK		56:09	+6:00
	4:10 (4:10)	2:15 (6:25)	3:53 (10:18)	1:49 (12:07)	4:10 (16:17)	1:45 (18:02)
	3:37 (21:39)	2:53 (24:32)	1:23 (25:55)	3:34 (29:29)	3:44 (33:13)	3:55 (37:08)
	1:37 (38:45)	2:49 (41:34)	1:44 (43:18)	2:50 (46:08)	1:04 (47:12)	1:49 (49:01)
	1:19 (50:20)	4:03 (54:23)	1:27 (55:50)	0:19 (56:09)		
9.	Theis Munktvad		Allerød OK		56:12	+6:03
	4:03 (4:03)	2:20 (6:23)	4:07 (10:30)	1:44 (12:14)	4:14 (16:28)	1:53 (18:21)
	3:51 (22:12)	3:09 (25:21)	1:25 (26:46)	3:13 (29:59)	3:49 (33:48)	3:41 (37:29)
	1:38 (39:07)	2:55 (42:02)	1:46 (43:48)	2:48 (46:36)	1:05 (47:41)	1:48 (49:29)
	1:14 (50:43)	3:47 (54:30)	1:26 (55:56)	0:16 (56:12)		
10.	Andreas Mikkelsen		Søllerød OK		56:14	+6:05
	3:56 (3:56)	2:08 (6:04)	3:30 (9:34)	1:59 (11:33)	3:52 (15:25)	2:19 (17:44)
	3:01 (20:45)	2:47 (23:32)	1:23 (24:55)	3:20 (28:15)	3:35 (31:50)	3:20 (35:10)
	1:29 (36:39)	1:00 (37:39)	1:43 (39:22)	1:13 (40:35)	5:36 (46:11)	1:51 (48:02)
	2:32 (50:34)	3:53 (54:27)	1:30 (55:57)	0:17 (56:14)		
11.	Kasper Ingerslev		Ballerup OK		56:16	+6:07
	4:13 (4:13)	1:35 (5:48)	3:23 (9:11)	2:49 (12:00)	1:22 (13:22)	3:37 (16:59)
	2:14 (19:13)	3:24 (22:37)	1:33 (24:10)	3:32 (27:42)	3:17 (30:59)	3:26 (34:25)
	1:31 (35:56)	2:30 (38:26)	1:32 (39:58)	3:20 (43:18)	1:09 (44:27)	4:58 (49:25)
	1:10 (50:35)	3:54 (54:29)	1:30 (55:59)	0:17 (56:16)		
12.	Mathilde Smedegaard Madsen		Søllerød OK		57:00	+6:51
	4:20 (4:20)	2:06 (6:26)	3:31 (9:57)	1:49 (11:46)	4:16 (16:02)	1:49 (17:51)
	2:58 (20:49)	3:07 (23:56)	1:28 (25:24)	3:30 (28:54)	3:48 (32:42)	4:20 (37:02)
	1:46 (38:48)	3:03 (41:51)	1:51 (43:42)	2:49 (46:31)	0:59 (47:30)	2:00 (49:30)
	1:15 (50:45)	3:41 (54:26)	2:09 (56:35)	0:25 (57:00)		
13.	Thomas Vejsnæs		OK Sorø		1:01:01	+10:52
	4:16 (4:16)	1:34 (5:50)	3:25 (9:15)	2:47 (12:02)	1:22 (13:24)	3:28 (16:52)
	2:00 (18:52)	3:46 (22:38)	1:34 (24:12)	3:43 (27:55)	4:22 (32:17)	4:07 (36:24)
	1:40 (38:04)	4:07 (42:11)	1:46 (43:57)	3:03 (47:00)	1:33 (48:33)	2:41 (51:14)
	1:28 (52:42)	5:40 (58:22)	2:18 (1:00:40)	0:21 (1:01:01)		
14.	Ida Øbro		Tisvilde Hegn OK		1:02:09	+12:00
	4:14 (4:14)	2:15 (6:29)	3:45 (10:14)	1:46 (12:00)	4:06 (16:06)	1:42 (17:48)
	4:23 (22:11)	3:15 (25:26)	1:19 (26:45)	3:28 (30:13)	3:40 (33:53)	4:45 (38:38)
	3:19 (41:57)	2:31 (44:28)	2:05 (46:33)	1:14 (47:47)	3:32 (51:19)	1:49 (53:08)
	3:06 (56:14)	3:41 (59:55)	1:51 (1:01:46)	0:23 (1:02:09)		
15.	Emil Olander Lorenz		Allerød OK		1:09:21	+19:12
	3:54 (3:54)	1:38 (5:32)	4:59 (10:31)	2:58 (13:29)	1:21 (14:50)	3:33 (18:23)
	1:53 (20:16)	9:40 (29:56)	1:23 (31:19)	3:40 (34:59)	3:42 (38:41)	4:37 (43:18)
	1:28 (44:46)	7:21 (52:07)	1:51 (53:58)	3:00 (56:58)	3:09 (1:00:07)	2:38 (1:02:45)
	1:18 (1:04:03)	3:20 (1:07:23)	1:38 (1:09:01)	0:20 (1:09:21)		
16.	Henrik Albahn		Lyngby OK		1:33:06	+42:57
	8:48 (8:48)	3:09 (12:57)	8:26 (21:23)	3:48 (25:11)	1:53 (27:04)	4:42 (31:46)
	3:04 (34:50)	5:39 (40:29)	2:17 (42:46)	9:32 (52:18)	4:40 (56:58)	5:39 (1:02:37)
	3:11 (1:05:48)	2:25 (1:08:13)	2:19 (1:10:32)	2:10 (1:12:42)	4:14 (1:16:56)	3:04 (1:20:00)
	4:11 (1:24:11)	4:49 (1:29:00)	3:44 (1:32:44)	0:22 (1:33:06)		
	Grzegorz Frass		Farum OK		Ej startet	
	Vakant		Vakant		Ej startet	
H3			(33 / 33)		Tid	Efter
1.	Marinus Næstoft Juhl		Søllerød OK		39:59	

	4:17 (4:17)	1:41 (5:58)	2:53 (8:51)	3:58 (12:49)	1:07 (13:56)	4:10 (18:06)
	2:04 (20:10)	4:40 (24:50)	1:59 (26:49)	1:20 (28:09)	3:47 (31:56)	1:56 (33:52)
	3:12 (37:04)	2:34 (39:38)	0:21 (39:59)			
2.	Torkil Hansen		PI-København		42:37	+2:38
	4:08 (4:08)	1:52 (6:00)	2:23 (8:23)	4:37 (13:00)	1:06 (14:06)	4:51 (18:57)
	2:52 (21:49)	1:47 (23:36)	2:23 (25:59)	1:41 (27:40)	4:19 (31:59)	2:56 (34:55)
	3:58 (38:53)	3:24 (42:17)	0:20 (42:37)			
3.	Dennis Øbro		Tisvilde Hegn OK		42:47	+2:48
	5:22 (5:22)	1:53 (7:15)	2:23 (9:38)	5:03 (14:41)	1:22 (16:03)	4:55 (20:58)
	2:02 (23:00)	1:33 (24:33)	2:38 (27:11)	1:50 (29:01)	3:49 (32:50)	2:34 (35:24)
	3:46 (39:10)	3:17 (42:27)	0:20 (42:47)			
4.	Gunnar Grue-Sørensen		Køge OK		42:51	+2:52
	4:42 (4:42)	2:11 (6:53)	2:33 (9:26)	4:56 (14:22)	1:24 (15:46)	5:09 (20:55)
	2:03 (22:58)	1:50 (24:48)	2:20 (27:08)	1:48 (28:56)	3:58 (32:54)	2:39 (35:33)
	3:46 (39:19)	3:12 (42:31)	0:20 (42:51)			
5.	Janne Brunstedt		OK Roskilde		42:56	+2:57
	5:32 (5:32)	1:59 (7:31)	2:34 (10:05)	4:06 (14:11)	1:39 (15:50)	5:03 (20:53)
	2:00 (22:53)	1:49 (24:42)	2:21 (27:03)	1:57 (29:00)	3:53 (32:53)	2:35 (35:28)
	3:45 (39:13)	3:20 (42:33)	0:23 (42:56)			
6.	Søren Peter Larsen		FIF Hillerød Orientering		43:13	+3:14
	5:37 (5:37)	1:59 (7:36)	2:23 (9:59)	4:06 (14:05)	1:38 (15:43)	5:17 (21:00)
	2:03 (23:03)	1:35 (24:38)	2:27 (27:05)	1:53 (28:58)	3:57 (32:55)	2:35 (35:30)
	3:46 (39:16)	3:30 (42:46)	0:27 (43:13)			
7.	Peter Sørensen		PI-København		44:12	+4:13
	5:12 (5:12)	1:49 (7:01)	2:50 (9:51)	4:33 (14:24)	1:21 (15:45)	5:16 (21:01)
	1:55 (22:56)	3:57 (26:53)	3:12 (30:05)	3:45 (33:50)	2:59 (36:49)	2:18 (39:07)
	1:41 (40:48)	2:58 (43:46)	0:26 (44:12)			
8.	Niels la Cour Bentzon		Søllerød OK		45:52	+5:53
	5:28 (5:28)	1:58 (7:26)	2:34 (10:00)	5:01 (15:01)	2:00 (17:01)	6:16 (23:17)
	2:06 (25:23)	4:06 (29:29)	3:27 (32:56)	4:04 (37:00)	1:31 (38:31)	2:25 (40:56)
	1:53 (42:49)	2:40 (45:29)	0:23 (45:52)			
9.	Hans Christian Strib		OK GORM		46:03	+6:04
	5:44 (5:44)	2:11 (7:55)	2:38 (10:33)	4:47 (15:20)	1:20 (16:40)	5:24 (22:04)
	2:16 (24:20)	4:52 (29:12)	2:43 (31:55)	4:28 (36:23)	1:39 (38:02)	2:33 (40:35)
	1:57 (42:32)	3:04 (45:36)	0:27 (46:03)			
10.	Troels Juhl		Søllerød OK		46:48	+6:49
	4:45 (4:45)	2:04 (6:49)	2:59 (9:48)	7:26 (17:14)	1:02 (18:16)	6:54 (25:10)
	1:45 (26:55)	1:18 (28:13)	2:28 (30:41)	3:52 (34:33)	3:15 (37:48)	1:51 (39:39)
	4:20 (43:59)	2:26 (46:25)	0:23 (46:48)			
11.	Jens Peter Gundorf		OK ØST Birkerød		47:40	+7:41
	5:09 (5:09)	2:13 (7:22)	2:47 (10:09)	4:58 (15:07)	1:25 (16:32)	5:14 (21:46)
	4:08 (25:54)	2:06 (28:00)	2:46 (30:46)	1:57 (32:43)	4:34 (37:17)	2:24 (39:41)
	4:25 (44:06)	3:06 (47:12)	0:28 (47:40)			
12.	Flemming Wendelboe		Helsingør SOK		48:05	+8:06
	5:26 (5:26)	1:59 (7:25)	2:32 (9:57)	4:57 (14:54)	1:35 (16:29)	5:07 (21:36)
	4:31 (26:07)	1:48 (27:55)	3:08 (31:03)	1:53 (32:56)	4:09 (37:05)	2:24 (39:29)
	5:06 (44:35)	3:07 (47:42)	0:23 (48:05)			
13.	Jens Korsholm		Farum OK		48:29	+8:30
	5:49 (5:49)	2:01 (7:50)	2:28 (10:18)	6:31 (16:49)	1:47 (18:36)	5:29 (24:05)
	2:09 (26:14)	4:26 (30:40)	3:01 (33:41)	4:41 (38:22)	1:34 (39:56)	2:49 (42:45)
	1:48 (44:33)	3:31 (48:04)	0:25 (48:29)			
14.	Henrik Wibe		Allerød OK		50:47	+10:48
	5:16 (5:16)	1:57 (7:13)	2:41 (9:54)	4:45 (14:39)	1:50 (16:29)	6:07 (22:36)
	4:03 (26:39)	1:58 (28:37)	2:45 (31:22)	1:58 (33:20)	4:56 (38:16)	2:59 (41:15)
	4:36 (45:51)	4:27 (50:18)	0:29 (50:47)			
15.	Karsten Funder		FIF Hillerød Orientering		50:50	+10:51
	5:36 (5:36)	2:05 (7:41)	2:54 (10:35)	5:17 (15:52)	1:41 (17:33)	5:25 (22:58)
	3:16 (26:14)	2:17 (28:31)	2:56 (31:27)	2:15 (33:42)	4:41 (38:23)	3:12 (41:35)
	4:39 (46:14)	4:06 (50:20)	0:30 (50:50)			
16.	Kai Beck-Andersen		Farum OK		51:11	+11:12
	6:03 (6:03)	2:16 (8:19)	2:41 (11:00)	5:10 (16:10)	1:39 (17:49)	6:04 (23:53)
	2:40 (26:33)	2:09 (28:42)	2:55 (31:37)	2:10 (33:47)	4:37 (38:24)	2:52 (41:16)
	5:00 (46:16)	4:22 (50:38)	0:33 (51:11)			
17.	Jakub Kolarik		OK 73		52:04	+12:05
	6:21 (6:21)	2:16 (8:37)	2:32 (11:09)	7:12 (18:21)	1:23 (19:44)	9:03 (28:47)
	2:36 (31:23)	2:20 (33:43)	2:38 (36:21)	1:59 (38:20)	3:58 (42:18)	2:12 (44:30)
	4:15 (48:45)	2:57 (51:42)	0:22 (52:04)			
18.	Ole Galle		Tisvilde Hegn OK		52:32	+12:33
	5:20 (5:20)	1:58 (7:18)	2:54 (10:12)	4:52 (15:04)	1:34 (16:38)	6:08 (22:46)
	2:33 (25:19)	3:01 (28:20)	3:08 (31:28)	2:07 (33:35)	5:49 (39:24)	2:56 (42:20)
	4:36 (46:56)	5:09 (52:05)	0:27 (52:32)			
19.	Frederik E. Krogh		OK ØST Birkerød		54:02	+14:03
	4:43 (4:43)	2:29 (7:12)	3:04 (10:16)	5:33 (15:49)	1:39 (17:28)	5:44 (23:12)
	2:40 (25:52)	5:34 (31:26)	3:54 (35:20)	4:55 (40:15)	1:58 (42:13)	6:34 (48:47)
	1:27 (50:14)	3:26 (53:40)	0:22 (54:02)			
20.	Henrik Nielsen		Holbæk OK		55:17	+15:18
	7:34 (7:34)	1:58 (9:32)	3:06 (12:38)	4:56 (17:34)	1:36 (19:10)	6:08 (25:18)
	4:19 (29:37)	4:55 (34:32)	2:54 (37:26)	5:57 (43:23)	1:55 (45:18)	3:14 (48:32)
	1:46 (50:18)	4:41 (54:59)	0:18 (55:17)			
21.	Ole D. Jensen		Tisvilde Hegn OK		55:18	+15:19
	5:46 (5:46)	2:07 (7:53)	2:38 (10:31)	5:06 (15:37)	1:31 (17:08)	5:41 (22:49)
	2:27 (25:16)	5:07 (30:23)	2:59 (33:22)	5:52 (39:14)	2:17 (41:31)	7:38 (49:09)
	2:03 (51:12)	3:44 (54:56)	0:22 (55:18)			
22.	Gregers Jørgensen		Ballerup OK		56:08	+16:09
	4:53 (4:53)	2:01 (6:54)	3:25 (10:19)	4:15 (14:34)	1:19 (15:53)	4:57 (20:50)
	2:24 (23:14)	4:32 (27:46)	12:32 (40:18)	4:41 (44:59)	1:31 (46:30)	2:35 (49:05)
	1:46 (50:51)	4:52 (55:43)	0:25 (56:08)			
23.	Karsten Richardt		Køge OK		56:48	+16:49
	5:40 (5:40)	2:06 (7:46)	2:52 (10:38)	5:12 (15:50)	1:40 (17:30)	6:55 (24:25)
	3:04 (27:29)	7:17 (34:46)	3:03 (37:49)	6:34 (44:23)	2:23 (46:46)	3:21 (50:07)
	2:18 (52:25)	4:00 (56:25)	0:23 (56:48)			

24.	Nicolai Kliem		Farum OK		56:53	+16:54	
	7:07 (7:07)	2:04 (9:11)	3:29 (12:40)	5:28 (18:08)	1:47 (19:55)		7:06 (27:01)
	2:58 (29:59)	5:07 (35:06)	3:20 (38:26)	5:57 (44:23)	1:59 (46:22)		3:28 (49:50)
	2:24 (52:14)	4:06 (56:20)	0:33 (56:53)				
25.	Jesper Kirkeskov		Søllerød OK		1:03:07	+23:08	
	6:42 (6:42)	2:24 (9:06)	4:05 (13:11)	6:21 (19:32)	2:39 (22:11)		6:56 (29:07)
	2:46 (31:53)	6:43 (38:36)	3:29 (42:04)	4:29 (46:33)	2:07 (48:40)		3:25 (52:05)
	2:15 (54:20)	6:38 (1:00:58)	2:09 (1:03:07)				
26.	Niels Aabye		Ballerup OK		1:03:46	+23:47	
	5:30 (5:30)	2:04 (7:34)	2:53 (10:27)	5:13 (15:40)	1:34 (17:14)		6:43 (23:57)
	2:28 (26:25)	5:09 (31:34)	9:36 (41:10)	4:37 (45:47)	1:48 (47:35)		3:23 (50:58)
	2:24 (53:22)	9:50 (1:03:12)	0:34 (1:03:46)				
27.	Jesper Allan Jensen		OK Roskilde		1:04:23	+24:24	
	6:05 (6:05)	2:21 (8:26)	2:36 (11:02)	5:01 (16:03)	1:35 (17:38)		5:50 (23:28)
	3:09 (26:37)	9:25 (36:02)	5:37 (41:39)	4:35 (46:14)	2:49 (49:03)		3:23 (52:26)
	7:49 (1:00:15)	3:42 (1:03:57)	0:26 (1:04:23)				
28.	Jimmy Hoen		Ballerup OK		1:50:35	+70:36	
	22:33 (22:33)	5:05 (27:38)	6:00 (33:38)	10:17 (43:55)	2:14 (46:09)		13:01 (59:10)
	13:46 (1:12:56)	3:12 (1:16:08)	7:46 (1:23:54)	4:37 (1:28:31)	7:33 (1:36:04)		4:47 (1:40:51)
	5:15 (1:46:06)	4:00 (1:50:06)	0:29 (1:50:35)				
	John Tripax		OK Roskilde		Fejlkliip		
	5:57 (5:57)	2:00 (7:57)	2:33 (10:30)	4:08 (14:38)	1:28 (16:06)		5:01 (21:07)
	2:18 (23:25)	1:34 (24:59)	2:34 (27:33)	2:17 (29:50)	3:58 (33:48)		2:51 (36:39)
	6:40 (43:19)	– (–)	– (47:26)				
	Karsten Schultz		FIF Hillerød Orientering		Udgået		
	6:00 (6:00)	2:10 (8:10)	2:38 (10:48)	– (–)	– (–)		– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)		– (–)
	– (–)	– (–)	– (–)				
	Ulrik Illum		Søllerød OK		Ej startet		
	Vakant		Vakant		Ej startet		
	Vakant		Vakant		Ej startet		
H4			(7 / 7)		Tid	Efter	
1.	Aage Damsgaard		Fredensborg OK		47:51		
	2:13 (2:13)	6:11 (8:24)	1:38 (10:02)	2:56 (12:58)	10:11 (23:09)		4:18 (27:27)
	4:57 (32:24)	2:04 (34:28)	5:52 (40:20)	1:12 (41:32)	2:29 (44:01)		3:21 (47:22)
	0:29 (47:51)						
2.	Mogens Jørgensen		Søllerød OK		51:04	+3:13	
	2:45 (2:45)	8:33 (11:18)	2:23 (13:41)	4:12 (17:53)	7:10 (25:03)		2:32 (27:35)
	3:58 (31:33)	3:10 (34:43)	4:30 (39:13)	1:29 (40:42)	3:44 (44:26)		6:07 (50:33)
	0:31 (51:04)						
3.	Ole Svendsen		OK Roskilde		52:47	+4:56	
	1:59 (1:59)	6:35 (8:34)	2:24 (10:58)	3:04 (14:02)	11:19 (25:21)		3:38 (28:59)
	1:06 (30:05)	3:35 (33:40)	5:55 (39:35)	3:49 (43:24)	2:27 (45:51)		6:19 (52:10)
	0:37 (52:47)						
4.	Jørn Andreasen		OK 73		1:07:44	+19:53	
	2:39 (2:39)	10:49 (13:28)	3:00 (16:28)	3:42 (20:10)	9:39 (29:49)		5:05 (34:54)
	1:40 (36:34)	10:52 (47:26)	4:41 (52:07)	4:25 (56:32)	3:36 (1:00:08)		6:55 (1:07:03)
	0:41 (1:07:44)						
	Jørn Simonsen		Ballerup OK		Fejlkliip		
	2:54 (2:54)	10:59 (13:53)	3:45 (17:38)	4:58 (22:36)	8:23 (30:59)		– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)		– (39:55)
	0:57 (40:52)						
	Ole Christiansen		Farum OK		Fejlkliip		
	2:16 (2:16)	7:12 (9:28)	2:19 (11:47)	2:56 (14:43)	9:46 (24:29)		3:58 (28:27)
	1:21 (29:48)	4:50 (34:38)	– (–)	– (–)	– (–)		– (40:28)
	0:33 (41:01)						
	Vakant		Vakant		Ej startet		
H5			(4 / 4)		Tid	Efter	
1.	Jens Storm Lyngsø		Allerød OK		39:07		
	3:08 (3:08)	1:45 (4:53)	3:27 (8:20)	3:26 (11:46)	1:49 (13:35)		2:12 (15:47)
	3:09 (18:56)	1:49 (20:45)	3:46 (24:31)	4:04 (28:35)	6:39 (35:14)		2:45 (37:59)
	0:46 (38:45)	0:22 (39:07)					
	Vincent Becker		Søllerød OK		Fejlkliip		
	3:09 (3:09)	14:57 (18:06)	4:27 (22:33)	1:35 (24:08)	3:45 (27:53)		6:47 (34:40)
	2:50 (37:30)	3:10 (40:40)	1:55 (42:35)	4:20 (46:55)	– (–)		– (–)
	– (–)	– (1:03:41)					
	Vakant		Vakant		Ej startet		
	Vakant		Vakant		Ej startet		
D2			(10 / 10)		Tid	Efter	
1.	Sigrid Høyer Staugaard		FIF Hillerød Orientering		44:56		
	4:21 (4:21)	2:18 (6:39)	3:49 (10:28)	1:47 (12:15)	0:55 (13:10)		2:53 (16:03)
	2:05 (18:08)	4:39 (22:47)	2:13 (25:00)	4:01 (29:01)	3:30 (32:31)		1:27 (33:58)
	1:44 (35:42)	1:51 (37:33)	2:16 (39:49)	2:43 (42:32)	2:06 (44:40)		0:16 (44:56)
2.	Alberte Kaae-Nielsen		Søllerød OK		45:14	+0:18	
	4:50 (4:50)	2:07 (6:57)	4:55 (11:52)	1:31 (13:23)	1:14 (14:37)		3:10 (17:47)
	2:15 (20:02)	2:52 (22:54)	2:23 (25:17)	3:40 (28:57)	3:52 (32:49)		1:29 (34:18)
	2:08 (36:26)	1:51 (38:17)	1:40 (39:57)	2:51 (42:48)	2:06 (44:54)		0:20 (45:14)
3.	Xenia Bregensøe		Tisvilde Hegn OK		50:42	+5:46	
	4:48 (4:48)	2:15 (7:03)	4:45 (11:48)	1:30 (13:18)	1:17 (14:35)		3:15 (17:50)
	2:27 (20:17)	3:02 (23:19)	2:48 (26:07)	6:57 (33:04)	4:22 (37:26)		1:36 (39:02)
	1:52 (40:54)	2:02 (42:56)	1:53 (44:49)	3:44 (48:33)	1:51 (50:24)		0:18 (50:42)
4.	Camille Marie Næstoft Juhl		Søllerød OK		50:43	+5:47	
	4:57 (4:57)	2:19 (7:16)	3:36 (10:52)	2:43 (13:35)	4:09 (17:44)		3:23 (21:07)
	4:44 (25:51)	2:23 (28:14)	1:09 (29:23)	4:04 (33:27)	3:55 (37:22)		1:38 (39:00)
	1:55 (40:55)	2:03 (42:58)	1:44 (44:42)	3:52 (48:34)	1:51 (50:25)		0:18 (50:43)
5.	Astrid Skytte Kirkegaard		Tisvilde Hegn OK		51:05	+6:09	
	5:20 (5:20)	2:07 (7:27)	3:45 (11:12)	2:44 (13:56)	3:47 (17:43)		3:16 (20:59)
	4:51 (25:50)	2:17 (28:07)	1:10 (29:17)	4:00 (33:17)	4:07 (37:24)		1:40 (39:04)
	1:48 (40:52)	2:08 (43:00)	1:47 (44:47)	4:02 (48:49)	1:55 (50:44)		0:21 (51:05)

6.	Mathilde Nørgård Kracht		Tisvilde Hegn OK		52:37	+7:41	
	4:44 (4:44)	1:58 (6:42)	3:16 (9:58)	2:32 (12:30)	4:55 (17:25)		2:53 (20:18)
	4:33 (24:51)	2:14 (27:05)	1:08 (28:13)	4:20 (32:33)	3:59 (36:32)		1:41 (38:13)
	2:01 (40:14)	2:22 (42:36)	3:50 (46:26)	3:43 (50:09)	2:03 (52:12)		0:25 (52:37)
7.	Celina Bregensøe		Tisvilde Hegn OK		59:49	+14:53	
	5:17 (5:17)	3:12 (8:29)	4:46 (13:15)	2:24 (15:39)	1:21 (17:00)		5:31 (22:31)
	2:42 (25:13)	4:52 (30:05)	3:14 (33:19)	4:52 (38:11)	5:54 (44:05)		2:04 (46:09)
	2:22 (48:31)	2:43 (51:14)	2:11 (53:25)	4:00 (57:25)	2:03 (59:28)		0:21 (59:49)
8.	Anne Marie Thommesen		Ballerup OK		1:11:26	+26:30	
	5:47 (5:47)	3:03 (8:50)	5:18 (14:08)	3:22 (17:30)	2:07 (19:37)		5:29 (25:06)
	3:38 (28:44)	6:16 (35:00)	3:47 (38:47)	5:42 (44:29)	6:40 (51:09)		2:21 (53:30)
	2:28 (55:58)	2:43 (58:41)	2:36 (1:01:17)	6:24 (1:07:41)	3:18 (1:10:59)		0:27 (1:11:26)
9.	Karoline Saxtorph Schulz		Ballerup OK		1:14:46	+29:50	
	8:01 (8:01)	3:19 (11:20)	5:09 (16:29)	3:52 (20:21)	5:11 (25:32)		4:52 (30:24)
	7:14 (37:38)	3:33 (41:11)	1:55 (43:06)	4:43 (47:49)	5:43 (53:32)		2:24 (55:56)
	3:32 (59:28)	3:40 (1:03:08)	2:20 (1:05:28)	6:28 (1:11:56)	2:26 (1:14:22)		0:24 (1:14:46)
	Vakant		Vakant		Ej startet		
D3			(13 / 13)		Tid		Efter
1.	Mette Filskov		OK Sorø		44:31		
	5:42 (5:42)	2:06 (7:48)	2:36 (10:24)	4:15 (14:39)	1:30 (16:09)		5:03 (21:12)
	2:09 (23:21)	3:53 (27:14)	2:57 (30:11)	3:59 (34:10)	2:37 (36:47)		2:29 (39:16)
	1:39 (40:55)	3:11 (44:06)	0:25 (44:31)				
2.	Bodil Karlsmose Kliem		Farum OK		48:31	+4:00	
	5:34 (5:34)	2:09 (7:43)	2:39 (10:22)	4:13 (14:35)	1:26 (16:01)		5:05 (21:06)
	2:16 (23:22)	1:33 (24:55)	2:29 (27:24)	1:40 (29:04)	7:26 (36:30)		2:35 (39:05)
	5:12 (44:17)	3:53 (48:10)	0:21 (48:31)				
3.	Henriette Broman		Allerød OK		50:28	+5:57	
	5:55 (5:55)	2:10 (8:05)	2:45 (10:50)	5:22 (16:12)	1:31 (17:43)		5:25 (23:08)
	3:12 (26:20)	2:06 (28:26)	2:45 (31:11)	2:03 (33:14)	4:55 (38:09)		3:04 (41:13)
	4:32 (45:45)	4:16 (50:01)	0:27 (50:28)				
4.	Eva Smedegaard		Søllerød OK		51:15	+6:44	
	4:55 (4:55)	1:47 (6:42)	2:38 (9:20)	5:54 (15:14)	1:30 (16:44)		4:50 (21:34)
	4:23 (25:57)	7:00 (32:57)	2:28 (35:25)	3:55 (39:20)	1:29 (40:49)		2:50 (43:39)
	3:57 (47:36)	3:12 (50:48)	0:27 (51:15)				
5.	Annette Bonde		Ballerup OK		51:25	+6:54	
	6:07 (6:07)	2:05 (8:12)	2:44 (10:56)	4:48 (15:44)	1:35 (17:19)		5:48 (23:07)
	2:36 (25:43)	2:34 (28:17)	3:07 (31:24)	2:10 (33:34)	4:53 (38:27)		3:03 (41:30)
	4:59 (46:29)	4:27 (50:56)	0:29 (51:25)				
6.	Birgitte Erskov Halland		OK ØST Birkerød		55:21	+10:50	
	5:45 (5:45)	2:00 (7:45)	2:29 (10:14)	5:10 (15:24)	1:21 (16:45)		4:55 (21:40)
	4:22 (26:02)	2:04 (28:06)	2:47 (30:53)	1:54 (32:47)	5:07 (37:54)		2:17 (40:11)
	10:02 (50:13)	4:45 (54:58)	0:23 (55:21)				
7.	Anne Skovbaek		Søllerød OK		55:52	+11:21	
	6:38 (6:38)	2:03 (8:41)	2:33 (11:14)	4:28 (15:42)	1:41 (17:23)		5:32 (22:55)
	2:31 (25:26)	7:11 (32:37)	3:29 (36:06)	7:18 (43:24)	1:44 (45:08)		3:29 (48:37)
	1:54 (50:31)	4:53 (55:24)	0:28 (55:52)				
8.	Jytte Olander Rasmussen		Allerød OK		56:57	+12:26	
	6:09 (6:09)	2:13 (8:22)	2:32 (10:54)	5:12 (16:06)	1:53 (17:59)		5:03 (23:02)
	2:31 (25:33)	7:47 (33:20)	7:01 (40:21)	4:20 (44:41)	1:46 (46:27)		2:32 (48:59)
	1:53 (50:52)	5:40 (56:32)	0:25 (56:57)				
9.	Freja Kliem		Farum OK		1:04:46	+20:15	
	6:30 (6:30)	2:54 (9:24)	3:45 (13:09)	8:55 (22:04)	2:25 (24:29)		6:53 (31:22)
	3:04 (34:26)	2:31 (36:57)	3:58 (40:55)	2:53 (43:48)	7:27 (51:15)		3:27 (54:42)
	5:36 (1:00:18)	4:05 (1:04:23)	0:23 (1:04:46)				
10.	Tine Demandt		OK Sorø		1:09:12	+24:41	
	6:35 (6:35)	2:51 (9:26)	3:30 (12:56)	7:28 (20:24)	2:54 (23:18)		10:34 (33:52)
	3:17 (37:09)	5:30 (42:39)	4:55 (47:34)	5:13 (52:47)	6:17 (59:04)		3:39 (1:02:43)
	1:50 (1:04:33)	4:14 (1:08:47)	0:25 (1:09:12)				
	Anne Kaae-Nielsen		Søllerød OK		Fejlklip		
	9:36 (9:36)	2:45 (12:21)	5:18 (17:39)	6:12 (23:51)	- (-)		- (32:39)
	2:59 (35:38)	- (-)	- (-)	- (-)	- (-)		- (-)
	- (-)	- (-)	- (46:39)				
	Elin Nørgård Kracht		PI-København		Fejlklip		
	3:56 (3:56)	2:09 (6:05)	3:18 (9:23)	6:07 (15:30)	0:55 (16:25)		4:29 (20:54)
	1:48 (22:42)	- (-)	- (-)	- (-)	- (-)		- (-)
	- (-)	- (37:07)	0:28 (37:35)				
	Maria Krog Schulz		Ballerup OK		Ej startet		
D5			(7 / 7)		Tid		Efter
1.	Karen Wibe Enevoldsen		Allerød OK		48:29		
	4:09 (4:09)	2:05 (6:14)	4:05 (10:19)	3:32 (13:51)	2:37 (16:28)		4:00 (20:28)
	3:34 (24:02)	1:54 (25:56)	4:59 (30:55)	4:42 (35:37)	6:44 (42:21)		4:36 (46:57)
	1:07 (48:04)	0:25 (48:29)					
2.	Kamma Aglund Andersen		OK ØST Birkerød		1:10:19	+21:50	
	3:44 (3:44)	8:43 (12:27)	10:22 (22:49)	1:55 (24:44)	5:13 (29:57)		4:47 (34:44)
	2:44 (37:28)	3:21 (40:49)	1:55 (42:44)	4:14 (46:58)	18:52 (1:05:50)		3:14 (1:09:04)
	0:56 (1:10:00)	0:19 (1:10:19)					
3.	Lene Øbro		Tisvilde Hegn OK		1:11:47	+23:18	
	4:49 (4:49)	3:58 (8:47)	8:38 (17:25)	5:04 (22:29)	7:04 (29:33)		3:59 (33:32)
	5:03 (38:35)	2:17 (40:52)	5:02 (45:54)	9:17 (55:11)	11:10 (1:06:21)		4:01 (1:10:22)
	0:58 (1:11:20)	0:27 (1:11:47)					
4.	Helle Brøchner Jønson		OK Roskilde		1:11:54	+23:25	
	4:46 (4:46)	4:05 (8:51)	8:46 (17:37)	4:43 (22:20)	5:42 (28:02)		6:17 (34:19)
	4:07 (38:26)	2:14 (40:40)	4:41 (45:21)	5:18 (50:39)	15:46 (1:06:25)		3:59 (1:10:24)
	1:02 (1:11:26)						
5.	Mette Hørlük Friis		Farum OK		1:34:42	+46:13	
	4:32 (4:32)	13:59 (18:31)	16:28 (34:59)	2:55 (37:54)	9:01 (46:55)		5:46 (52:41)
	5:46 (58:27)	5:20 (1:03:47)	3:03 (1:06:50)	6:50 (1:13:40)	13:46 (1:27:26)		5:15 (1:32:41)
	1:28 (1:34:09)	0:33 (1:34:42)					
	Vakant		Vakant		Ej startet		
	Vakant		Vakant		Ej startet		

D4		(7 / 7)		Tid	Efter
1.	Janet Bentzen		OK ØST Birkerød	38:08	
	2:03 (2:03)	1:41 (10:46)	2:18 (13:04)	6:10 (19:14)	2:00 (21:14)
	3:31 (24:45)	2:09 (26:54)	1:06 (31:27)	2:36 (34:03)	3:37 (37:40)
	0:28 (38:08)				
2.	Birgitte Skytthe		Farum OK	46:23	+8:15
	2:06 (2:06)	2:39 (11:21)	2:42 (14:03)	11:06 (25:09)	5:11 (30:20)
	1:23 (31:43)	2:42 (34:25)	1:55 (36:20)	2:13 (41:27)	4:26 (45:53)
	0:30 (46:23)				
3.	Inge Jørgensen		OK Roskilde	46:26	+8:18
	1:57 (1:57)	11:26 (13:23)	2:02 (15:25)	3:04 (18:29)	6:38 (25:07)
	1:11 (29:59)	2:34 (32:33)	2:48 (35:21)	3:35 (38:56)	1:58 (40:54)
	0:28 (46:26)				5:04 (45:58)
4.	Gerda Marie Christiansen		Køge OK	46:44	+8:36
	2:09 (2:09)	6:32 (8:41)	2:31 (11:12)	2:47 (13:59)	6:28 (20:27)
	3:28 (27:05)	2:21 (29:26)	5:11 (34:37)	1:42 (36:19)	4:29 (40:48)
	0:26 (46:44)				3:10 (23:37)
	Jette Bachhausen		FIF Hillerød Orientering	Fejlklip	
	3:30 (3:30)	10:26 (13:56)	6:35 (20:31)	19:16 (39:47)	- (-)
	- (-)	- (-)	- (51:41)	- (-)	- (-)
	0:59 (54:59)				- (54:00)
	Vakant		Vakant	Ej startet	
	Vakant		Vakant	Ej startet	
H2		(30 / 31)		Tid	Efter
1.	Mathias Buchgreitz		Søllerød OK	44:02	
	4:12 (4:12)	1:44 (5:56)	3:05 (9:01)	1:54 (10:55)	2:59 (13:54)
	4:12 (20:30)	1:47 (22:17)	1:18 (23:35)	2:55 (26:30)	1:20 (33:20)
	2:09 (35:29)	1:45 (37:14)	2:29 (39:43)	2:30 (42:13)	0:15 (44:02)
2.	Magnus Andersen		Ballerup OK	44:57	+0:55
	4:10 (4:10)	2:31 (6:41)	3:46 (10:27)	1:56 (12:23)	1:03 (13:26)
	1:59 (18:13)	5:19 (23:32)	2:01 (25:33)	3:42 (29:15)	3:30 (32:45)
	2:13 (36:22)	1:41 (38:03)	1:45 (39:48)	2:43 (42:31)	2:10 (44:41)
3.	Tobias Olloz		Tisvilde Hegn OK	44:58	+0:56
	4:11 (4:11)	2:23 (6:34)	3:55 (10:29)	1:53 (12:22)	1:00 (13:22)
	1:58 (18:06)	4:45 (22:51)	2:14 (25:05)	4:07 (29:12)	3:27 (32:39)
	1:57 (35:57)	1:44 (37:41)	2:06 (39:47)	2:41 (42:28)	2:15 (44:43)
4.	Gustav L. Holmberg		FIF Hillerød Orientering	46:24	+2:22
	4:06 (4:06)	2:29 (6:35)	3:47 (10:22)	1:45 (12:07)	0:59 (13:06)
	2:10 (17:57)	4:52 (22:49)	2:10 (24:59)	4:31 (29:30)	3:02 (32:32)
	1:49 (35:43)	1:34 (37:17)	3:15 (40:32)	4:07 (44:39)	1:27 (46:06)
5.	Niels-Peter Vest Nielsen		Allerød OK	50:40	+6:38
	5:05 (5:05)	2:08 (7:13)	4:31 (11:44)	2:22 (14:06)	3:21 (17:27)
	4:06 (26:14)	2:01 (28:15)	1:05 (29:20)	3:55 (33:15)	4:00 (37:15)
	1:54 (41:01)	2:00 (43:01)	1:47 (44:48)	3:40 (48:28)	1:55 (50:23)
6.	Anders Laage Kragh		OK Roskilde	50:45	+6:43
	5:09 (5:09)	2:51 (8:00)	4:15 (12:15)	1:42 (13:57)	1:08 (15:05)
	2:28 (20:47)	5:27 (26:14)	2:40 (28:54)	3:52 (32:46)	4:36 (37:22)
	1:54 (40:59)	2:27 (43:26)	1:46 (45:12)	3:18 (48:30)	1:56 (50:26)
7.	Jens Jørgen Hansen		HAGI	50:46	+6:44
	5:56 (5:56)	2:06 (8:02)	4:28 (12:30)	1:38 (14:08)	1:13 (15:21)
	2:20 (21:10)	4:55 (26:05)	2:45 (28:50)	3:38 (32:28)	4:23 (36:51)
	2:01 (40:31)	2:33 (43:04)	1:56 (45:00)	3:27 (48:27)	2:01 (50:28)
8.	Lars Lyngse		Allerød OK	51:01	+6:59
	5:04 (5:04)	2:46 (7:50)	4:14 (12:04)	1:46 (13:50)	1:08 (14:58)
	2:33 (20:41)	5:41 (26:22)	2:54 (29:16)	3:45 (33:01)	4:19 (37:20)
	1:53 (41:02)	2:05 (43:07)	1:47 (44:54)	3:51 (48:45)	1:56 (50:41)
9.	Carsten Gemmer Hanghøj		Ballerup OK	51:19	+7:17
	5:01 (5:01)	2:41 (7:42)	4:17 (11:59)	1:35 (13:34)	1:06 (14:40)
	2:15 (20:00)	5:49 (25:49)	2:29 (28:18)	4:43 (33:01)	3:55 (36:56)
	2:39 (41:07)	1:55 (43:02)	2:16 (45:18)	3:20 (48:38)	2:14 (50:52)
10.	Svend-Erik Jepsen		Søllerød OK	57:44	+13:42
	5:17 (5:17)	2:16 (7:33)	3:41 (11:14)	2:45 (13:59)	4:41 (18:40)
	4:57 (26:33)	2:32 (29:05)	1:18 (30:23)	4:43 (35:06)	7:13 (42:19)
	2:47 (46:53)	2:32 (49:25)	1:50 (51:15)	3:17 (54:32)	2:52 (57:24)
11.	Leif E. Larsen		Tisvilde Hegn OK	57:46	+13:44
	5:07 (5:07)	2:41 (7:48)	4:18 (12:06)	1:36 (13:42)	1:08 (14:50)
	2:14 (20:09)	9:51 (30:00)	3:03 (33:03)	5:39 (38:42)	4:02 (42:44)
	2:23 (46:44)	2:30 (49:14)	1:56 (51:10)	3:14 (54:24)	3:02 (57:26)
12.	Sten Skytte Kirkegaard		Tisvilde Hegn OK	57:48	+13:46
	5:38 (5:38)	2:07 (7:45)	3:36 (11:21)	2:41 (14:02)	4:42 (18:44)
	4:47 (26:28)	2:41 (29:09)	1:17 (30:26)	4:45 (35:11)	6:58 (42:09)
	2:58 (47:05)	2:12 (49:17)	1:55 (51:12)	3:17 (54:29)	2:59 (57:28)
13.	Morten Ploug		Ballerup OK	57:54	+13:52
	5:43 (5:43)	2:07 (7:50)	3:29 (11:19)	2:45 (14:04)	4:42 (18:46)
	4:47 (26:13)	2:18 (28:31)	1:11 (29:42)	4:25 (34:07)	6:09 (40:16)
	3:14 (45:46)	3:43 (49:29)	1:48 (51:17)	3:21 (54:38)	2:54 (57:32)
14.	Søren Sloth		FIF Hillerød Orientering	59:39	+15:37
	5:21 (5:21)	2:59 (8:20)	4:50 (13:10)	1:48 (14:58)	1:13 (16:11)
	2:52 (23:23)	8:28 (31:51)	3:36 (35:27)	4:40 (40:07)	4:24 (44:31)
	2:17 (48:34)	2:42 (51:16)	2:19 (53:35)	3:34 (57:09)	2:05 (59:14)
15.	Jesper Vestergaard		Søllerød OK	1:03:45	+19:43
	6:13 (6:13)	2:30 (8:43)	5:03 (13:46)	2:38 (16:24)	1:22 (17:46)
	2:49 (26:06)	4:25 (30:31)	3:03 (33:34)	4:29 (38:03)	4:59 (43:02)
	2:37 (48:17)	2:45 (51:02)	2:22 (53:24)	7:20 (1:00:44)	2:37 (1:03:21)
16.	Steen T. Hasholt		Allerød OK	1:04:26	+20:24
	5:53 (5:53)	2:34 (8:27)	4:45 (13:12)	2:34 (15:46)	1:25 (17:11)
	2:29 (24:17)	5:56 (30:13)	3:16 (33:29)	6:34 (40:03)	4:52 (44:55)
	2:25 (49:26)	2:28 (51:54)	3:39 (55:33)	6:36 (1:02:09)	1:56 (1:04:05)
17.	Kenn Basse		Ballerup OK	1:04:43	+20:41

	5:25 (5:25)	2:16 (7:41)	4:28 (12:09)	3:16 (15:25)	4:00 (19:25)	5:16 (24:41)
	5:50 (30:31)	2:52 (33:23)	1:25 (34:48)	6:15 (41:03)	5:08 (46:11)	2:22 (48:33)
	3:00 (51:33)	2:52 (54:25)	3:00 (57:25)	4:53 (1:02:18)	2:00 (1:04:18)	0:25 (1:04:43)
18.	Niels Peder Møller		Lyngby OK		1:05:56	+21:54
	5:27 (5:27)	3:32 (8:59)	4:53 (13:52)	2:43 (16:35)	1:09 (17:44)	5:48 (23:32)
	2:46 (26:18)	4:25 (30:43)	3:02 (33:45)	6:42 (40:27)	4:48 (45:15)	2:40 (47:55)
	3:47 (51:42)	2:46 (54:28)	3:06 (57:34)	5:28 (1:03:02)	2:36 (1:05:38)	0:18 (1:05:56)
19.	Jørgen Skaarup		Ballerup OK		1:05:58	+21:56
	5:20 (5:20)	3:40 (9:00)	4:47 (13:47)	2:10 (15:57)	1:21 (17:18)	4:37 (21:55)
	2:33 (24:28)	8:19 (32:47)	3:21 (36:08)	4:11 (40:19)	5:14 (45:33)	2:10 (47:43)
	2:57 (50:40)	2:25 (53:05)	2:12 (55:17)	7:54 (1:03:11)	2:24 (1:05:35)	0:23 (1:05:58)
20.	Peter Becker		Søllerød OK		1:06:21	+22:19
	5:18 (5:18)	2:57 (8:15)	4:30 (12:45)	1:41 (14:26)	1:10 (15:36)	3:20 (18:56)
	2:21 (21:17)	4:51 (26:08)	2:49 (28:57)	3:51 (32:48)	5:11 (37:59)	2:15 (40:14)
	11:31 (51:45)	2:17 (54:02)	3:16 (57:18)	5:47 (1:03:05)	2:53 (1:05:58)	0:23 (1:06:21)
21.	Max Prang		Fredensborg OK		1:07:45	+23:43
	5:51 (5:51)	2:13 (8:04)	4:15 (12:19)	4:09 (16:28)	5:41 (22:09)	4:28 (26:37)
	6:53 (33:30)	2:57 (36:27)	1:48 (38:15)	5:17 (43:32)	6:02 (49:34)	2:31 (52:05)
	3:14 (55:19)	2:20 (57:39)	2:21 (1:00:00)	4:58 (1:04:58)	2:24 (1:07:22)	0:23 (1:07:45)
22.	Peter Dyrsting		FIF Hillerød Orientering		1:14:09	+30:07
	7:35 (7:35)	3:40 (11:15)	5:10 (16:25)	3:44 (20:09)	6:10 (26:19)	2:43 (29:02)
	6:20 (35:22)	4:04 (39:26)	1:28 (40:54)	4:38 (45:32)	5:49 (51:21)	2:24 (53:45)
	5:04 (58:49)	3:58 (1:02:47)	2:26 (1:05:13)	5:03 (1:10:16)	3:31 (1:13:47)	0:22 (1:14:09)
	Steen Stausholm		Farum OK		Fejlklip	
	5:02 (5:02)	3:11 (8:13)	4:43 (12:56)	1:49 (14:45)	1:17 (16:02)	4:12 (20:14)
	5:53 (26:07)	- (-)	- (-)	- (-)	- (30:43)	1:43 (32:26)
	3:20 (35:48)	2:07 (37:53)	1:58 (39:51)	2:56 (42:47)	2:16 (45:03)	0:21 (45:24)
	Adam Carlsen		OK Roskilde		Udgået	
	6:35 (6:35)	2:42 (9:17)	7:39 (16:56)	3:28 (20:24)	6:04 (26:28)	3:50 (30:18)
	5:35 (35:53)	4:33 (40:26)	5:52 (46:18)	4:46 (51:04)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	Malte Kliem		Farum OK		Udgået	
	Anders Marager		Allerød OK		Ej startet	
	Claus Cederberg		Ballerup OK		Ej startet	
	Finn Skouenborg		OK ØST Birkerød		Ej startet	
	Hans Grønberg Nielsen		Allerød OK		Ej startet	
	Valdemar Marager		Allerød OK		Ej startet	