

Klubstartliste – Avnstrup 1.-2. division

2025-03-29

Allerød OK

–	Agnes Habekost Nielsen	D14B	3150 m	Start	8333309
12:22	Amalie Engelund Broman	D16	5350 m	Start	8009109
11:30	Hedda Kärner Grooss	D21	7000 m	Start	8640524
11:38	Anne Maarup	D21	7000 m	Start	8201951
11:49	Majken Maarup	D21B	4025 m	Start	213967
11:55	Camilla Bergmann	D21B	4025 m	Start	890929
12:00	Merete Nørgaard	D40	6250 m	Start	8633606
12:06	Marianne T. Hasholt	D40	6250 m	Start	1402035
12:14	Karen Wibe Enevoldsen	D40	6250 m	Start	8626187
11:33	Kirsten Lange	D45B	4025 m	Start	1402990
11:37	Marie Habekost Nielsen	D45B	4025 m	Start	302114
11:41	Anja Niehues Birch	D45B	4025 m	Start	1428714
11:32	Hanne Rasmussen	D50	5350 m	Start	8633626
11:36	Dorthe Munktvad	D50	5350 m	Start	8033373
11:44	Henriette Broman	D50	5350 m	Start	8009291
11:50	Angélique Grønborg Rasmussen	D50	5350 m	Start	8005182
11:31	Birgitte Birck	D60	4525 m	Start	8626197
11:37	Maria Iben Sell-Petersen	D60	4525 m	Start	8635878
11:49	Charlotte Bergmann	D60	4525 m	Start	8009101
–	Ulla Place Petersen	D-Let	3150 m	Start	620803
–	William August Bergmann	H10	3000 m	Start	308144
–	Arthur Færing Hede	H12	3150 m	Start	2000328
12:17	Alexander Juul Paustian	H14	4625 m	Start	7500608
–	August Niehues Birch	H14B	3150 m	Start	1428708
11:57	Henrik Kärner Grooss	H16	6250 m	Start	2049221
12:10	Johannes Marager	H18	8275 m	Start	8626191
12:00	Erik Grønborg Nielsen	H20	8275 m	Start	8505433
12:04	Victor Niehues Birch	H20	8275 m	Start	1428672
12:27	Oscar Niehues Birch	H20B	4625 m	Start	8008527
11:30	Jørgen Rolighed Thyme	H21	8275 m	Start	7640220
11:38	Niels-Peter Vest Nielsen	H21	8275 m	Start	8619433
11:50	Steen T. Hasholt	H21	8275 m	Start	681772
12:01	Mads Anders Bergmann	H21B	4625 m	Start	8143222
12:05	Jesper Grooss	H21B	4625 m	Start	8038239
12:09	Karsten Längerich	H21B	4625 m	Start	8524578
12:07	Asger Habekost Nielsen	H40	7000 m	Start	8016663
12:15	Jens Knud Maarup	H40	7000 m	Start	8016664
12:19	Anders Marager	H40	7000 m	Start	8033382
11:43	Bjarke Sucksdorff	H45B	4625 m	Start	8009105
11:49	Peter Hilbert	H45B	4625 m	Start	9101041
11:53	Christian Juul Paustian	H45B	4625 m	Start	7500609

11:32	Lars Lyngsø	H50	6250 m	Start	1406279
11:38	Lars Munktvad	H50	6250 m	Start	8033363
11:46	Torben Nørgaard	H50	6250 m	Start	8528612
11:54	Lars Jensen	H50	6250 m	Start	981603
11:58	Troels Bent Hansen	H60	5350 m	Start	8664222
12:18	Henrik Wibe	H60	5350 m	Start	8529006
11:57	Dan Nielsen	H70	4525 m	Start	682240
12:15	Erik Sørensen	H70	4525 m	Start	8628453
–	Henrik Jørgensen	H-Let	3150 m	Start	8626198
–	Johnny Frands Eriksen	H-Let	3150 m	Start	560616

Amager Orienteringsklub

12:23	Jytte Sørensen	D60	4525 m	Start	8512050
12:16	Inge Christiansen	D70	3250 m	Start	2061665
12:20	Thomas Damgaard Nielsen	H16	6250 m	Start	8524569
12:21	Sergei Vorfolomeev	H40	7000 m	Start	8657014
12:24	Mikkel Merkelsen	H50	6250 m	Start	1052008
12:28	Christian Olsen	H50	6250 m	Start	8201972
12:26	Finn Stausgaard	H60	5350 m	Start	1162008
12:32	Rune Larsen	H60	5350 m	Start	7209258
12:36	Per Rasmussen	H60	5350 m	Start	682231

Ballerup OK

–	Annette Petersen	Beg	3000 m	Start	2083205
–	Inge K. Kristoffersen	Beg	3000 m	Start	440894
11:44	Anne Marie Thommesen	D21	7000 m	Start	8524528
11:50	Karo Saxtorph Schulz	D21	7000 m	Start	1081100
11:56	Cecilie Spendrup-Petersen	D21	7000 m	Start	8143249
11:58	Annette Bonde	D40	6250 m	Start	8667751
11:30	Diana Cederberg	D50	5350 m	Start	8009298
11:38	Ellen Kühn Jensen	D50	5350 m	Start	202087
11:46	Maria Krog Schulz	D50	5350 m	Start	8002525
11:35	Gitte Grauert	D60	4525 m	Start	8500989
11:41	Hanne Frost	D60	4525 m	Start	1428720
11:47	Siri Klausen	D60	4525 m	Start	601221
11:53	Charlotte Grauert	D60	4525 m	Start	8009115
11:39	Liselotte Andersen	D70	3250 m	Start	682126
11:43	Bodil M. Mortensen	D70	3250 m	Start	1071096
11:31	Lisbeth Jensen	D80	3250 m	Start	666407
11:35	Kirsten Truelsen	D80	3250 m	Start	1406263
–	Kristina Dalgaard Kristensen	D-Let	3150 m	Start	8528615
–	Mette Hvene Rasmussen	D-Let	3150 m	Start	1408245
–	Lauge Dalgaard Kristensen	H10	3000 m	Start	8528620
–	Vilhelm Dahl Østergren	H10	3000 m	Start	212247
–	Sirius Aabye	H12	3150 m	Start	443121
12:21	Malthe Dalgaard Kristensen	H14	4625 m	Start	8524570
–	Anton Vejgaard Andersen	H14B	3150 m	Start	8524543
12:03	Rune Cederberg	H16	6250 m	Start	8523636

11:34	Benjamin Trock	H21	8275 m	Start	8664251
11:44	Mathias Bressendorf Petersen	H21	8275 m	Start	8524526
11:52	Bela Sebok	H21	8275 m	Start	8008519
11:58	Henrik Seidelin Dam	H21	8275 m	Start	8657154
11:59	Lars Bech Jensen	H21B	4625 m	Start	440295
12:11	Niels Aabye	H21B	4625 m	Start	8002523
11:59	Michael Nygaard Møller	H40	7000 m	Start	8512021
12:05	Jacob Egholm	H40	7000 m	Start	442567
12:17	Rasmus Kristensen	H40	7000 m	Start	8529002
11:33	Jan Steen Jensen	H45B	4625 m	Start	2083204
11:37	Bent Lishmann Nielsen	H45B	4625 m	Start	8529005
11:34	Morten Ploug	H50	6250 m	Start	8505714
11:42	Claus Cederberg	H50	6250 m	Start	8505432
11:52	Joakim Ilsing Sørensen	H50	6250 m	Start	8016659
11:56	Lasse Lybek Jensen	H60	5350 m	Start	8667876
12:04	Gregers Jørgensen	H60	5350 m	Start	8620940
12:10	Henrik Petersen	H60	5350 m	Start	8524547
12:14	Jørgen Skaarup	H60	5350 m	Start	8512043
12:01	Jimmy Hoen	H70	4525 m	Start	2086036
12:07	Lars Hanghøj Petersen	H70	4525 m	Start	1290555
12:13	Jan Kristoffersen	H70	4525 m	Start	8633623
12:19	Kuno Rasmussen	H70	4525 m	Start	8510345
11:47	Finn Hultengren	H80	3250 m	Start	308067
11:51	Per Christoffersen	H80	3250 m	Start	1060586
11:55	Poul Gregersen	H80	3250 m	Start	1411619
–	Anders Vejgaard	H-Let	3150 m	Start	8640533

Farum OK

–	Evelin Jirásková	Beg	3000 m	Start	515442
–	Magne Vindfeld	Beg	3000 m	Start	241921
–	Rebekka Damgaard Bodilsen	Beg	3000 m	Start	1504282
–	Annika Damgaard Bodilsen	D10	3000 m	Start	1504173
–	Ellen Frese Søderlund	D10	3000 m	Start	600014
–	Freja Beck Staugaard	D10	3000 m	Start	245022
–	Dasha Kapanadze	D12	3150 m	Start	241919
–	Ida Beck Staugaard	D12B	3000 m	Start	302120
–	Lea Lill Thinggaard	D12B	3000 m	Start	241915
11:00	Linea Vedel Lange	D14	4025 m	Start	202012
10:41	Nalini Kapanadze	D16	5350 m	Start	1108984
10:47	Dana Kapanadze	D16	5350 m	Start	362425
10:41	Line Frese Søderlund	D21	7000 m	Start	8505719
10:45	Vera Mullerova	D21	7000 m	Start	8016642
10:49	Masha Semak	D21	7000 m	Start	8511768
10:34	Ida Vedel Lange	D21B	4025 m	Start	202015
10:42	Susanne Vedel Hjuler	D21B	4025 m	Start	202013
10:50	Freja Karlsrose Kliem	D21B	4025 m	Start	331255
10:35	Sandra Damgaard Bodilsen	D40	6250 m	Start	1401494

10:41	Irina Kupriyanova	D40	6250 m	Start	8635827
10:18	Lise Djurhuus Ipsen	D45B	4025 m	Start	8130868
10:22	Susanne Christiansen	D45B	4025 m	Start	1401489
10:30	Louise Vagtborg Vang-Pedersen	D45B	4025 m	Start	2163747
10:50	Bodil Karlsmose Kliem	D50	5350 m	Start	2213061
11:02	Mette Hørlyk Friis	D50	5350 m	Start	1421712
11:06	Karin Lomholt Finnemann	D50	5350 m	Start	1421726
10:44	Lene Skielboe	D60	4525 m	Start	249313
11:00	Anette Holm	D60	4525 m	Start	8657114
10:11	Annlou Husen	D70	3250 m	Start	8645157
10:19	Kit Lang Jørgensen	D70	3250 m	Start	8002542
–	Natalia Kandybei	D-Let	3150 m	Start	1108984
–	Atle Vindfeld	H10	3000 m	Start	241920
–	Vilfred Beck Vitoft	H10	3000 m	Start	241914
–	Vitus Bo Søndergaard	H10	3000 m	Start	2159209
–	Adrian Kuprianov Hviid	H12	3150 m	Start	1411133
–	Theodor Vedel Lange	H12	3150 m	Start	202016
–	Bertram Beck Vitoft	H12B	3000 m	Start	241918
11:04	Max-Emil Kupriyanov Hviid	H14	4625 m	Start	8529003
–	Viktor Tougaard Hildebrandt	H14B	3150 m	Start	8528996
10:51	Anton Kupriyanov Hviid	H16	6250 m	Start	8662160
10:55	Albert Tougaard Hildebrandt	H16	6250 m	Start	8528625
10:59	Knud Vagtborg Vang-Pedersen	H16	6250 m	Start	1411145
10:05	Malthe Gaarsdal	H21	8275 m	Start	8654958
10:21	Mikkel Lyskjær	H21	8275 m	Start	681767
10:27	Filip Nielsen	H21	8275 m	Start	8657113
10:35	Jakub Jirásek	H21	8275 m	Start	2016470
10:00	Bjørn Karlsmose Kliem	H21B	4625 m	Start	426051
10:24	Mikkel Frese Søderlund	H21B	4625 m	Start	1012449
10:28	Frederik Beck-Andersen	H21B	4625 m	Start	241917
10:03	Jesper Damgaard	H40	7000 m	Start	553381
10:07	Jesper Tidsvilde Hildebrandt	H40	7000 m	Start	8528619
10:13	Tore Hulgaard	H40	7000 m	Start	8657146
10:36	Ole Christiansen	H45B	4625 m	Start	8180700
10:42	Torben Christensen	H45B	4625 m	Start	1411132
10:46	Adam Ashtiani	H45B	4625 m	Start	1411141
10:58	Jens Behrend	H45B	4625 m	Start	500443
10:09	Brian Lomholt Jensen	H50	6250 m	Start	681769
10:15	Jesper Andreasen	H50	6250 m	Start	431197
10:23	Jørgen Finnemann	H50	6250 m	Start	1421725
10:31	Nicolai Karlsmose Kliem	H50	6250 m	Start	1416416
10:04	Helge Lang Pedersen	H60	5350 m	Start	8033357
10:08	Pablo Jensen	H60	5350 m	Start	8008521
10:14	John Hørlyk	H60	5350 m	Start	1421713
10:18	Thomas Thilo	H60	5350 m	Start	8143223
10:38	Klaus Nielsen	H60	5350 m	Start	1408242
10:00	Lars Vedel Jørgensen	H70	4525 m	Start	1450238

10:04	Peter Reinholdt	H70	4525 m	Start	239213
10:10	Ole Gold	H70	4525 m	Start	308062
10:18	Kai Beck-Andersen	H70	4525 m	Start	2119100
10:22	Jens Korsholm	H70	4525 m	Start	8667872
10:25	Thomas Søes	H80	3250 m	Start	40403
10:37	Holger Karlsmose	H80	3250 m	Start	8620687
–	Kristian Ipsen	H-Let	3150 m	Start	431192

FIF Hillerød

–	Birgitte Hansen	Beg	3000 m	Start	2444171
–	Gert Larsen	Beg	3000 m	Start	202358
–	Mathilde Bøye	Beg	3000 m	Start	2444172
–	Saga Deiborg	Beg	3000 m	Start	12345
–	Sara Christiansen	Beg	3000 m	Start	308118
–	Emily Elisabeth Arrild Vu	D10	3000 m	Start	2444173
–	Klara Aya Seyedian Jensen	D10	3000 m	Start	2444174
–	Lilje Bøye	D10	3000 m	Start	2444175
–	Olivia Jørgensen	D10	3000 m	Start	2444176
–	Marie K. Brigsted	D12	3150 m	Start	8201303
–	Vega Deiborg	D12	3150 m	Start	8524567
–	Selma Mai Seyedian Jensen	D12B	3000 m	Start	2444177
–	Sophia Jørgensen	D12B	3000 m	Start	2444178
–	Thea Orry Bachhausen	D12B	3000 m	Start	2444179
10:58	Augusta Orry Bachhausen	D14	4025 m	Start	202349
11:02	Ida Nygaard Monrad	D14	4025 m	Start	8524563
–	Cajsa Deiborg	D14B	3150 m	Start	441228
–	Mynthe Konring Larsen	D14B	3150 m	Start	501262
10:43	Lærke Konring Larsen	D16	5350 m	Start	44693
10:49	Kaya Funder Skovlyst	D16	5350 m	Start	8664209
11:15	Emma Nygaard Monrad	D18	7000 m	Start	8528613
11:06	Anna K. Brigsted	D20B	4025 m	Start	8208108
10:43	Sigrid Høyer Staugaard	D21	7000 m	Start	8664228
10:51	Maria M. Høyer Staugaard	D21	7000 m	Start	8077744
10:55	Nicoline F. Klysner	D21	7000 m	Start	8505431
10:59	Lærke Lundedal Jensen	D21	7000 m	Start	8002524
10:40	Camilla Orry Bachhausen	D21B	4025 m	Start	212221
10:44	Emma Groes-Petersen	D21B	4025 m	Start	2444181
10:48	Ditte Finkas Damgaard	D21B	4025 m	Start	2444180
10:52	Sara Rask Andersen	D21B	4025 m	Start	2444182
10:43	Dorthe Skovlyst	D40	6250 m	Start	44517
10:47	Anne Konring Larsen	D40	6250 m	Start	500484
10:06	Rikke Nygaard Monrad	D45B	4025 m	Start	1210280
10:10	Tine Alkjær	D45B	4025 m	Start	302126
10:26	Britta Frederiksen	D45B	4025 m	Start	434065
10:52	Heidi L. Holmberg	D50	5350 m	Start	8197011
11:04	Sandra Simonsen	D50	5350 m	Start	8009103
11:10	Bente Kjær Hemmingsen	D50	5350 m	Start	8078990

10:46	Maria Douglas	D60	4525 m	Start	8625632
10:56	Lotte Friberg	D60	4525 m	Start	8009118
11:02	Birgit Haakan Jensen	D60	4525 m	Start	444540
10:07	Betty Folino	D70	3250 m	Start	8524535
10:17	Jette Bachhausen	D70	3250 m	Start	1406252
10:23	Eva Konring Olesen	D70	3250 m	Start	8505429
10:03	Annelise Hansen	D80	3250 m	Start	8512008
–	Lisbeth Gudmann Larsen	D-Let	3150 m	Start	426965
–	Mette Kirkeby	D-Let	3150 m	Start	8198818
–	August William Lundedal Hickman	H10	3000 m	Start	505022
–	Casper Philip Seyedian Jensen	H10	3000 m	Start	2444183
–	Elias Jasper Seyedian Jensen	H10	3000 m	Start	2444184
–	Håkon Fjellerup Gangstad	H10	3000 m	Start	2444185
–	Daniel K. Brigsted	H12	3150 m	Start	8208168
–	Asta Orry Bachhausen	H12B	3000 m	Start	2444186
–	August Bennedsen	H12B	3000 m	Start	2444187
–	Emil Lundedal Hickman	H12B	3000 m	Start	302019
11:00	Silke Konring Larsen	H14	4625 m	Start	8310951
10:03	Anders Konring	H21	8275 m	Start	8640540
10:09	Niels Elton Jokumsen	H21	8275 m	Start	8009163
10:17	Lukas Kjær Hemmingsen	H21	8275 m	Start	8010702
10:25	Kasper Fjellerup	H21	8275 m	Start	891004
10:31	Malthe Poulsen	H21	8275 m	Start	8310915
10:04	Jesper Cornelius Nielsen	H21B	4625 m	Start	1428717
10:10	Roland Dumong	H21B	4625 m	Start	8512039
10:16	Jes William Hickman	H21B	4625 m	Start	8002534
10:22	Anders Bennedsen	H21B	4625 m	Start	2444188
10:26	Jeppe Hartmund	H21B	4625 m	Start	2444189
10:09	Anders Hav Bachhausen	H40	7000 m	Start	8009140
10:15	Rune Funder	H40	7000 m	Start	8633618
10:19	Kristian Deiborg	H40	7000 m	Start	1395511
10:27	Rune Nygaard Monrad	H40	7000 m	Start	8524553
10:35	Mads K. Larsen	H40	7000 m	Start	8198768
10:32	Henrik Poulsen	H45B	4625 m	Start	8664239
10:40	Louis Steinthal	H45B	4625 m	Start	8300866
10:50	Ulrik Frederiksen	H45B	4625 m	Start	8629599
10:56	Mads Vindegaard	H45B	4625 m	Start	202067
10:11	Michael Splittorff	H50	6250 m	Start	2213991
10:25	Kaj Isaksen	H50	6250 m	Start	8090467
10:29	Jamie Stevenson	H50	6250 m	Start	8524542
10:33	Thomas Eriksen	H50	6250 m	Start	889651
10:12	John Søndergård	H60	5350 m	Start	8664229
10:16	Lars Konradsen	H60	5350 m	Start	435310
10:20	Jens Viktor Nørgaard	H60	5350 m	Start	8635808
10:26	Søren Sloth	H60	5350 m	Start	8500981
10:34	Nitsan Vardi	H60	5350 m	Start	8625622
10:40	Lars Simonsen	H60	5350 m	Start	8633610

10:46	Bo Simonsen	H60	5350 m	Start	8002547
10:02	Søren Peter Larsen	H70	4525 m	Start	896959
10:08	Arne Nygaard	H70	4525 m	Start	2083212
10:16	Emil Olesen	H70	4525 m	Start	8505430
10:30	Thorkild Sørensen	H70	4525 m	Start	1411610
10:34	Karsten Schultz	H70	4525 m	Start	250006
10:38	Bjarne Skram	H70	4525 m	Start	444539
10:27	Karsten Funder	H80	3250 m	Start	8656159
10:31	Leif Sig	H80	3250 m	Start	2216182
10:45	Steen Winkler	H80	3250 m	Start	302133
10:49	Leo Mathiesen	H80	3250 m	Start	2134101
–	Jesper Kirkeby Brigsted	H-Let	3150 m	Start	2444190
–	Michael O'Reilly	H-Let	3150 m	Start	407794
–	Rune Jensen	H-Let	3150 m	Start	2444191

Fredensborg OK

12:30	Aage Damsgaard	H60	5350 m	Start	2049931
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FSK Orientering

12:23	Leif Pedersen	H40	7000 m	Start	2112887
12:28	Kurt Thuesen	H60	5350 m	Start	8512040
12:34	Lars Basballe	H60	5350 m	Start	501140

Helsingør SOK

12:38	Carsten Thye Agger	H60	5350 m	Start	8510335
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Holbæk OK

–	Caspian Bo Christensen	Beg	3000 m	Start	9101045
–	Søren Hass	Beg	3000 m	Start	2127782
–	Astrid Lindberg Jonsson	D10	3000 m	Start	2127785
–	Luna Kæmsgaard	D10	3000 m	Start	1393198
–	Marta Buchwald	D10	3000 m	Start	2127788
–	Kaya Justesen	D12	3150 m	Start	2127802
–	Vigga Petersen	D12	3150 m	Start	1393193
–	Vega Rosendal Larsen	D12B	3000 m	Start	1393200
12:00	Annika Kalle Pedersen	D14	4025 m	Start	8528624
12:06	Katrine Jentoft Fertin	D20	7000 m	Start	1419980
11:32	Kathrine Dyrsting Sandvang	D21	7000 m	Start	1422376
11:36	Pernille Buchwald	D21	7000 m	Start	2127787
11:40	Mette Thiesen	D21	7000 m	Start	420165
11:46	Katarina Weibel Hansen	D21	7000 m	Start	2127781
11:52	Anette Kalle Larsen	D21	7000 m	Start	8621025
11:47	Malene Lysgaard-Hansen	D21B	4025 m	Start	8002541
11:53	Amalie Snedker Lauritzen	D21B	4025 m	Start	8641006
12:04	Sanne Lund Kolenda	D40	6250 m	Start	1402968
12:10	Astrid Riis	D40	6250 m	Start	1402952
12:16	Lene Justesen	D40	6250 m	Start	2127786
11:39	Lenette Schunck Svendsen	D45B	4025 m	Start	427879

11:43	Birgitte Maribo Larsen	D45B	4025 m	Start	7500611
11:40	Anne Willerup	D50	5350 m	Start	1410776
11:48	Anette Lindegaard Christensen	D50	5350 m	Start	8519488
11:54	Karin Ingleby	D50	5350 m	Start	8217699
11:43	Anette Binder Larsen	D60	4525 m	Start	8524571
11:55	Pernille Kaltoft	D60	4525 m	Start	8512012
–	Freja Pauline Kurland	D-Let	3150 m	Start	2127794
–	Signe Hagelskær	D-Let	3150 m	Start	2127806
–	Arthur Rosendal Larsen	H10	3000 m	Start	2127795
–	Hans Chrona Lerstrup	H10	3000 m	Start	2127798
–	Malte Bahn-Dienstrup	H10	3000 m	Start	2163746
–	Stig Maribo Christensen	H12	3150 m	Start	7500607
12:25	William Justesen	H14	4625 m	Start	2127816
–	Eskild Maribo Christensen	H14B	3150 m	Start	7501861
–	Lauge Buchwald	H14B	3150 m	Start	1393190
12:01	Lasse Kalle Pedersen	H16	6250 m	Start	8528998
11:36	Victor Pedersen	H21	8275 m	Start	1393183
11:42	Peter Snedker Lauritzen	H21	8275 m	Start	778810
11:48	Jacob Kristjansen	H21	8275 m	Start	8009730
11:56	Henrik Fabricius Buchwald	H21	8275 m	Start	2127801
11:55	Pierre Husted Sigvardsen	H21B	4625 m	Start	441230
12:03	Gabriel Bo Christensen	H21B	4625 m	Start	1249086
12:07	Christian Kalle Pedersen	H21B	4625 m	Start	8528614
12:13	Christian Hansen	H21B	4625 m	Start	778811
12:03	Asger Reinholdt Christensen	H40	7000 m	Start	8635818
12:09	Søren Magnusson	H40	7000 m	Start	8658323
12:13	Steen Gregers Ellebæk Donovan	H40	7000 m	Start	1393189
11:35	Andreas Wiwel Budtz	H45B	4625 m	Start	1393186
11:41	Rasmus Buchwald	H45B	4625 m	Start	2127803
11:45	Martin Petersen	H45B	4625 m	Start	8003265
11:51	Anton Lauritzen	H45B	4625 m	Start	8208808
11:40	Bjark Bo Christensen	H50	6250 m	Start	8003965
11:48	Søren Klinkby	H50	6250 m	Start	896951
11:56	Søren Fertin	H50	6250 m	Start	922013
12:02	Henrik Nielsen	H60	5350 m	Start	8022398
12:06	Jan Thiesen	H60	5350 m	Start	8009306
12:12	Per Bundgaard Larsen	H60	5350 m	Start	8524551
12:03	Bent Jensen	H70	4525 m	Start	8631598
12:09	Johnny Hansen Boonserm	H70	4525 m	Start	2153445
12:21	Finn Hyllegaard	H70	4525 m	Start	344835
11:49	Mogens Jensen	H80	3250 m	Start	8667790
–	August Bo Christensen	H-Let	3150 m	Start	1393187
–	Finn Skouenborg	H-Let	3150 m	Start	1416979
–	Thor Hemmingsen	H-Let	3150 m	Start	1393199

Kolding OK

12:30	Thomas Uhlemann	H50	6250 m	Start	1413380
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Køge OK

12:14	Gerda Marie- Christiansen	D70	3250 m	Start	8657110
12:27	Tage Ebbensgaard	H70	4525 m	Start	344972
12:31	Karsten Richardt	H70	4525 m	Start	8657111
12:35	Gunnar Grue-Sørensen	H70	4525 m	Start	8657101

Lyngby OK

12:14	Sotaro Sasaki	H21	8275 m	Start	8110689
12:18	Jesper Lægsgaard	H21	8275 m	Start	8009300
12:22	Henrik Albahn	H50	6250 m	Start	888950

NOR-Stavanger OK

12:26	Espen Fyhn Nilsen	H50	6250 m	Start	8657105
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OK Roskilde

12:18	Alice Ørum Bertelsen	D70	3250 m	Start	343399
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OK Skærmens Hareskov

12:33	Knud Torm	H70	4525 m	Start	351340
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OK Sorø

–	Kirsten Heegaard Boe-Hansen	D10	3000 m	Start	8510296
–	Klara Vestergaard Karnø	D12	3150 m	Start	2216195
–	Sonja Heegaard Boe-Hansen	D12	3150 m	Start	8512080
11:58	Ingrid Baun Gautier	D14	4025 m	Start	1504171
12:02	Carla Schou Christensen	D14	4025 m	Start	8640262
–	Vera Hebbelstrup Mikkelsen	D14B	3150 m	Start	2216193
12:20	Wilma Heegaard Boe-Hansen	D16	5350 m	Start	8631590
12:08	Alma Okkels Jensen	D18	7000 m	Start	2085945
12:06	Iris Møller	D20B	4025 m	Start	8512038
12:10	Helena Johanne Ellebye Christensen	D20B	4025 m	Start	2216191
11:34	Eva Høhne	D21	7000 m	Start	2049209
11:42	Mette Riis Jensen	D21	7000 m	Start	1416975
11:48	Lærke Vejsnæs	D21	7000 m	Start	8635835
11:54	Tine Demandt	D21	7000 m	Start	7160259
11:45	Liv Sharpe á Argjahøvda	D21B	4025 m	Start	2442580
11:51	Freja Boe-Hansen	D21B	4025 m	Start	2216186
12:02	Maja Maria Zwolinska	D40	6250 m	Start	2049208
12:08	Henriette Baun Gautier	D40	6250 m	Start	8210885
12:12	Anja Rasmussen	D40	6250 m	Start	1110916
11:31	Nina Okkels	D45B	4025 m	Start	1410795
11:35	Sanne Søggaard	D45B	4025 m	Start	216729
11:34	Anne Bloch Frandsen	D50	5350 m	Start	8180268
11:42	Sanne Ifversen Hansen	D50	5350 m	Start	8001713

11:52	Eva Smedegaard Eland	D50	5350 m	Start	8656168
11:33	Mette Filskov	D60	4525 m	Start	8658641
11:39	Merete Kleist	D60	4525 m	Start	2119728
11:45	Søs Munch Hansen	D60	4525 m	Start	2083201
11:51	Marianne Dahl	D60	4525 m	Start	430048
11:41	Else Neergaard	D70	3250 m	Start	226397
–	Ninette Juul Erichsen	D-Let	3150 m	Start	433465
–	Nønne Schou Christensen	D-Let	3150 m	Start	8512015
–	Albert Brunet Frandsen	H10	3000 m	Start	9180268
–	Bertil Schou Christensen	H10	3000 m	Start	2121783
–	Otto Baun Gautier	H10	3000 m	Start	415566
–	Mika Gram Sukkot	H12	3150 m	Start	2123962
–	Viktoría Sharpe á Argjahøvda	H12	3150 m	Start	2442589
12:19	Noah Gram Sukkot	H14	4625 m	Start	2123960
12:23	Liam Sharpe á Argjahøvda	H14	4625 m	Start	8180811
11:59	Sofus Schou Christensen	H16	6250 m	Start	8631602
12:05	Konrad Vestergaard Karnøe	H16	6250 m	Start	2123955
12:08	Mads Ottar Jespersen	H18	8275 m	Start	887599
11:32	Henrik Vestergaard Karnøe	H21	8275 m	Start	9820121
11:40	Kasper Levring	H21	8275 m	Start	2061673
11:46	Janus Storland Høhne	H21	8275 m	Start	8625624
11:54	Peter Hansen	H21	8275 m	Start	500644
11:57	Kristian Kærsgaard Hansen	H21B	4625 m	Start	8190346
12:15	Stig Møller	H21B	4625 m	Start	7171066
11:57	Rasmus Schou Christensen	H40	7000 m	Start	8631617
12:01	André Didier Gautier	H40	7000 m	Start	8100983
12:11	Kenneth Thomsen	H40	7000 m	Start	8640530
11:31	David Gram Sukkot	H45B	4625 m	Start	2123956
11:39	Jesper Munch Jespersen	H45B	4625 m	Start	8620952
11:47	Jens Frandsen	H45B	4625 m	Start	1110664
11:30	Søren Madsen	H50	6250 m	Start	1421506
11:36	Jens Lerche Mortensen	H50	6250 m	Start	216728
11:44	Robert Grønlund	H50	6250 m	Start	8628454
11:50	Kåre Sørensen	H50	6250 m	Start	1406280
12:00	Flemming Vejsnæs	H60	5350 m	Start	529615
12:08	Jan Sørensen	H60	5350 m	Start	9102278
12:16	Jan Koue Larsen	H60	5350 m	Start	2061214
11:59	John Pedersen	H70	4525 m	Start	1210286
12:05	Ebbe Kajberg	H70	4525 m	Start	8524574
12:11	Hans-Ole Jensen	H70	4525 m	Start	308187
12:17	Flemming Olsen	H70	4525 m	Start	7300389
11:53	Ole Ring	H80	3250 m	Start	501133
–	Knud Madsen	H-Let	3150 m	Start	308188
–	Lars Sharpe á Argjahøvda	H-Let	3150 m	Start	7700330
–	Søren Hebbelstrup	H-Let	3150 m	Start	2123966

OK ØST Birkerød

12:29	Jens Peter Gundorf	H70	4525 m	Start	8631614
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OK73

12:12	Marianne Lykking	D80	3250 m	Start	40508
12:16	Christian Gudme-Knudsen	H21	8275 m	Start	1411282
12:20	Knud Lykking	H80	3250 m	Start	8510348
12:22	Jørn Andreasen	H80	3250 m	Start	434070

PI-København

12:24	Karina Mejnborg	D50	5350 m	Start	8628465
12:25	Jane Sørensen	D60	4525 m	Start	8512079
12:12	Svend Christiansen	H21	8275 m	Start	8012040

Søllerød OK

–	Anton David Koue	Beg	3000 m	Start	8515234
–	Erik Brühl	Beg	3000 m	Start	308039
–	Torben Koue	Beg	3000 m	Start	2090021
–	Ulrik Illum	Beg	3000 m	Start	8436030
–	Ingrid Wagner Nielsen	D10	3000 m	Start	2072645
–	Ingrid Alleslev Haulrich	D12B	3000 m	Start	2090030
11:04	Lisa Holzknecht Hrafnkelsdóttir	D14	4025 m	Start	2090037
10:39	Hanna Bæk Christiansen	D16	5350 m	Start	8512055
10:45	Norah Leivsgard Christensen	D16	5350 m	Start	8512059
11:17	Laura-Johanne David Koue	D18	7000 m	Start	8515244
11:05	Freja Vest Nielsen	D20	7000 m	Start	1504281
11:09	Fiona Palsgaard	D20	7000 m	Start	8033377
11:13	Athene Wessel Larsen	D20	7000 m	Start	8524559
10:37	Emilie Bæk Christiansen	D21	7000 m	Start	1402999
10:47	Maja Mærkedahl Lilleør	D21	7000 m	Start	1985009
10:53	Mathilde Smedegaard Madsen	D21	7000 m	Start	8645149
10:57	Alberte Kaae-Nielsen	D21	7000 m	Start	8506682
11:01	Rikke Quist Hansen	D21	7000 m	Start	1060589
10:32	Anne Dorthe Hansen	D21B	4025 m	Start	442553
10:38	Dorte Munk-Petersen	D21B	4025 m	Start	2086054
10:46	Mette Bæk Christiansen	D21B	4025 m	Start	1411616
10:54	Anne David Koue	D21B	4025 m	Start	2090024
10:37	Cecilie Arnholm	D40	6250 m	Start	8240279
10:45	Anne Kaae-Nielsen	D40	6250 m	Start	1428685
10:49	Aline Harmand	D40	6250 m	Start	8040880
10:00	Bettina Katy Andersen	D45B	4025 m	Start	9005298
10:04	Ella Clausen	D45B	4025 m	Start	2090022
10:08	Trine Næstoft	D45B	4025 m	Start	2112874
10:12	Liselotte Grønvald	D45B	4025 m	Start	2006498
10:16	Lisbeth Søgaard Jensen	D45B	4025 m	Start	407183
10:20	Karina Ransby	D45B	4025 m	Start	407131
10:24	Signe Foverskov	D45B	4025 m	Start	341262

10:28	Helle Smedsgaard	D45B	4025 m	Start	2090040
10:54	Marianne Illum	D50	5350 m	Start	8326981
10:58	Fiona Becker	D50	5350 m	Start	8260918
11:08	Lotta Lüthje	D50	5350 m	Start	439756
11:12	Synnøve Røysland	D50	5350 m	Start	8512018
10:42	Anne Skovbæk	D60	4525 m	Start	8143213
10:48	Susanne Thrane	D60	4525 m	Start	7201390
10:52	Kirsten Møller	D60	4525 m	Start	8033365
10:58	Elsebeth Troelsgård Fock	D60	4525 m	Start	246435
10:09	Jette Stepputat	D70	3250 m	Start	250039
10:15	Vibeke Bøgevig	D70	3250 m	Start	259135
–	Bente Lassen	D-Let	3150 m	Start	347409
–	Ellen Thisted	D-Let	3150 m	Start	250021
–	Else Juul Hansen	D-Let	3150 m	Start	250014
–	Erik Norman Dandanell	H10	3000 m	Start	997851
–	Ivar Mikkelsen	H10	3000 m	Start	2072630
–	Mikkel Christiansen	H10	3000 m	Start	2090026
–	Neil Utthasang Wolf	H12	3150 m	Start	2090027
–	Malthe Christiansen	H12B	3000 m	Start	500104
11:06	Frej Engsig-Karup	H14	4625 m	Start	2090034
10:53	Samuel Næstoft Tabanera	H16	6250 m	Start	8523633
10:57	David Lüthje	H16	6250 m	Start	8524540
11:01	Rasmus Lüthje	H16	6250 m	Start	8524561
11:03	Oscar Bæk Christiansen	H18	8275 m	Start	8646082
10:51	Anders Kaag Døpping	H20	8275 m	Start	8512044
10:55	Sebastian Røysland Maltby	H20	8275 m	Start	8143227
10:59	Erik Magnus Graae	H20	8275 m	Start	2086055
11:10	Vincent Becker	H20B	4625 m	Start	8510300
11:14	Ditlev Melbye	H20B	4625 m	Start	7300283
10:01	Mathias Buchgreitz	H21	8275 m	Start	8002529
10:11	Aske Jepsen	H21	8275 m	Start	8681904
10:15	Rune Østergaard	H21	8275 m	Start	8667868
10:23	Julius Molsen	H21	8275 m	Start	9005295
10:29	Simon Philibert	H21	8275 m	Start	8099163
10:37	Jacob Seerup Kirkeby	H21	8275 m	Start	8228833
10:02	Rune Rasmussen	H21B	4625 m	Start	888030
10:08	Mads Lassen	H21B	4625 m	Start	8664248
10:14	Mogens Maltby	H21B	4625 m	Start	8524550
10:20	Aske Tandrup Nyengaard	H21B	4625 m	Start	682233
10:01	Troels Christiansen	H40	7000 m	Start	8033364
10:11	Ulrik Nielsen	H40	7000 m	Start	8040800
10:17	Mikael Lüthje	H40	7000 m	Start	8030677
10:21	Jesper Vestergaard	H40	7000 m	Start	8635830
10:25	Niels Haulrich	H40	7000 m	Start	2090031
10:29	Bo Rasmussen	H40	7000 m	Start	8500990
10:33	Kristian Ørnsholt	H40	7000 m	Start	8513694
10:34	Søren Tøstesen	H45B	4625 m	Start	2090028

10:38	Jørgen Luxhøj	H45B	4625 m	Start	1413400
10:44	Jørgen Christensen	H45B	4625 m	Start	8526029
10:52	Søren Grønvald	H45B	4625 m	Start	2006499
10:03	Peter Becker	H50	6250 m	Start	8143228
10:07	Erik Melbye	H50	6250 m	Start	8004302
10:13	Philip Bæk Christiansen	H50	6250 m	Start	1407788
10:17	Morten Hultberg Buchgreitz	H50	6250 m	Start	8526033
10:21	Steen Olsen	H50	6250 m	Start	8033362
10:27	David Palsgaard	H50	6250 m	Start	8506712
10:02	Peter Østergaard	H60	5350 m	Start	8008515
10:06	Svend-Erik Jepsen	H60	5350 m	Start	8012350
10:10	Gunner Sie	H60	5350 m	Start	8523613
10:22	Bo Konring	H60	5350 m	Start	8009111
10:28	Henrik Molsen	H60	5350 m	Start	8635900
10:32	Ken Willén	H60	5350 m	Start	8620963
10:36	Jakob Døpping	H60	5350 m	Start	8050668
10:42	Michael Graae	H60	5350 m	Start	8002532
10:48	Jens Anders Hansen	H60	5350 m	Start	8640258
10:14	Peter Werling	H70	4525 m	Start	351313
10:20	Niels la Cour Bentzon	H70	4525 m	Start	8020955
10:24	Niels Raagaard	H70	4525 m	Start	1407799
10:28	Lars Fock	H70	4525 m	Start	239296
10:32	Henrik Kleffel	H70	4525 m	Start	8111254
10:36	Ivar Aagaard-Hansen	H70	4525 m	Start	8009106
10:29	Jørn Wigh	H80	3250 m	Start	2128800
10:35	Birger Hoff	H80	3250 m	Start	239957
10:39	Kaj Rostvad	H80	3250 m	Start	8631595
10:43	Gert Bøgevig	H80	3250 m	Start	7120572
10:47	Jens Aaris Thisted	H80	3250 m	Start	7300009
–	Astrid Norman Dandanell	H-Let	3150 m	Start	8526035
–	Mogens Jørgensen	H-Let	3150 m	Start	8631620
–	Stig Knudsen	H-Let	3150 m	Start	37560

Tisvilde Hegn OK

–	Maria Weber	Beg	3000 m	Start	2105170
10:39	Erin Nielsen	D21	7000 m	Start	8635864
11:03	Amanda Falck Weber	D21	7000 m	Start	8143239
10:36	Lene Øbro	D21B	4025 m	Start	2058312
10:56	Amalie Wraa	D21B	4025 m	Start	1402964
10:39	Tenna L. Nørgaard	D40	6250 m	Start	8640537
10:02	Birte Lohse	D45B	4025 m	Start	2091838
10:14	Christina Lyng Andersen	D45B	4025 m	Start	1408235
10:56	Lena Wraa	D50	5350 m	Start	8143245
11:00	Susanne Grøn	D50	5350 m	Start	1406273
10:40	Bente Madsen	D60	4525 m	Start	8250259
10:50	Birgitte Wraa	D60	4525 m	Start	302080
10:54	Susanne Rhodstrand	D60	4525 m	Start	2091825

10:05	Margit Ulmer	D70	3250 m	Start	8030953
10:13	Inger Kirkegaard	D70	3250 m	Start	8201928
10:21	Inger Landsperg	D70	3250 m	Start	8023807
10:01	Aase Neregaard	D80	3250 m	Start	202018
–	Dorte Aagaard Valery	D-Let	3150 m	Start	2105161
–	Hanne Svensson	D-Let	3150 m	Start	2091826
–	Nina Valery	D-Let	3150 m	Start	2105151
–	Theis Nielsen	H10	3000 m	Start	53568
11:02	Victor Nielsen	H14	4625 m	Start	250074
–	Sigurd Nielsen	H14B	3150 m	Start	1013322
11:08	Mathias Hansen Lindboe	H20B	4625 m	Start	2137268
11:12	Sebastian Hansen Lindboe	H20B	4625 m	Start	2137266
10:07	Jakob Landsperg	H21	8275 m	Start	8513688
10:13	George Mavchun	H21	8275 m	Start	8303044
10:19	Peter Steen Landsperg	H21	8275 m	Start	8500979
10:33	Thomas Greve Jensen	H21	8275 m	Start	8572019
10:06	Jonathan Wraa	H21B	4625 m	Start	249657
10:12	Dan Eriksen	H21B	4625 m	Start	8667858
10:18	Louise Wraa-Hansen	H21B	4625 m	Start	249658
10:05	Rasmus Nielsen	H40	7000 m	Start	8645451
10:23	Jesper David Jensen	H40	7000 m	Start	8482019
10:31	Dennis Øbro	H40	7000 m	Start	8500976
10:30	Niels Teglsbo Jensen	H45B	4625 m	Start	666000
10:48	John Cordua	H45B	4625 m	Start	2137255
10:54	Rudi Kjeldsen	H45B	4625 m	Start	2137251
10:01	Jakob Albahn	H50	6250 m	Start	8506685
10:05	Poul Henning Poulsen	H50	6250 m	Start	8633609
10:19	Rolf Valery	H50	6250 m	Start	8033390
10:24	Sten Skytte Kirkegaard	H60	5350 m	Start	8635894
10:30	Peter Wraa	H60	5350 m	Start	8664225
10:44	Keld Johnsen	H60	5350 m	Start	8201150
10:06	Klaus Olsen	H70	4525 m	Start	8638413
10:12	Niels Landsperg	H70	4525 m	Start	8111644
10:26	Ole Galle	H70	4525 m	Start	8509013
10:33	Egon Neregaard	H80	3250 m	Start	551438
10:41	Poul Hansen	H80	3250 m	Start	2137267
10:51	Kurt Valery	H80	3250 m	Start	8201926
–	Dolfi Rotovnik	H-Let	3150 m	Start	8243148