

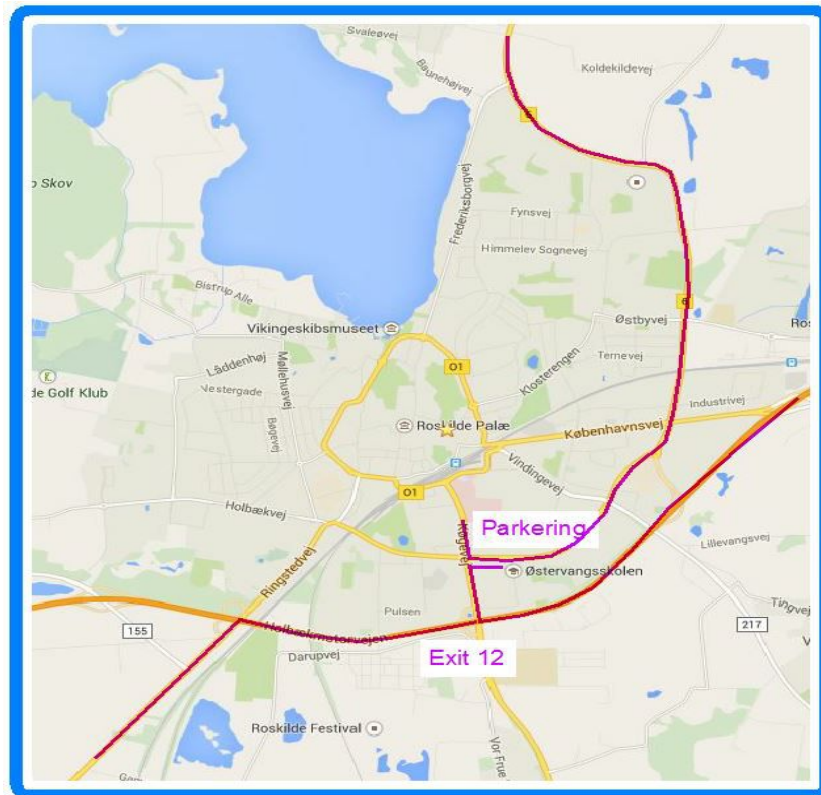


Bulletin 2 for

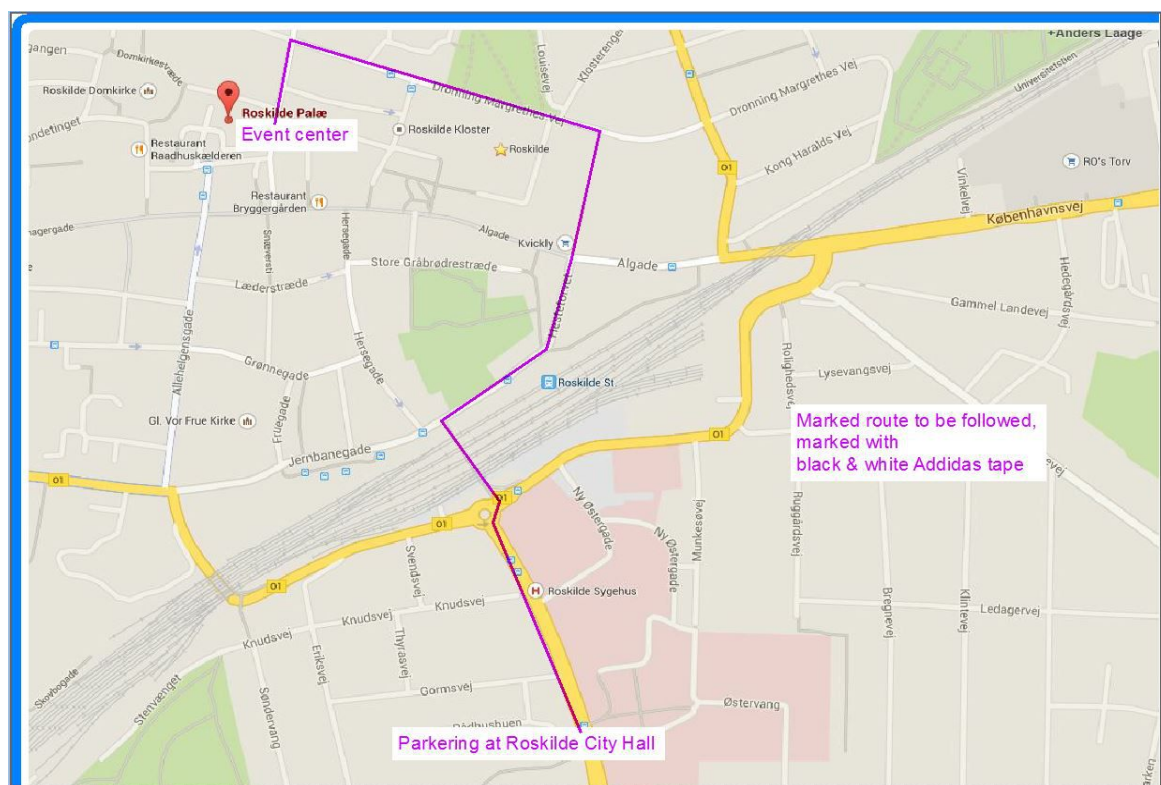
DM SPRINT

Saturday 30. May 2015

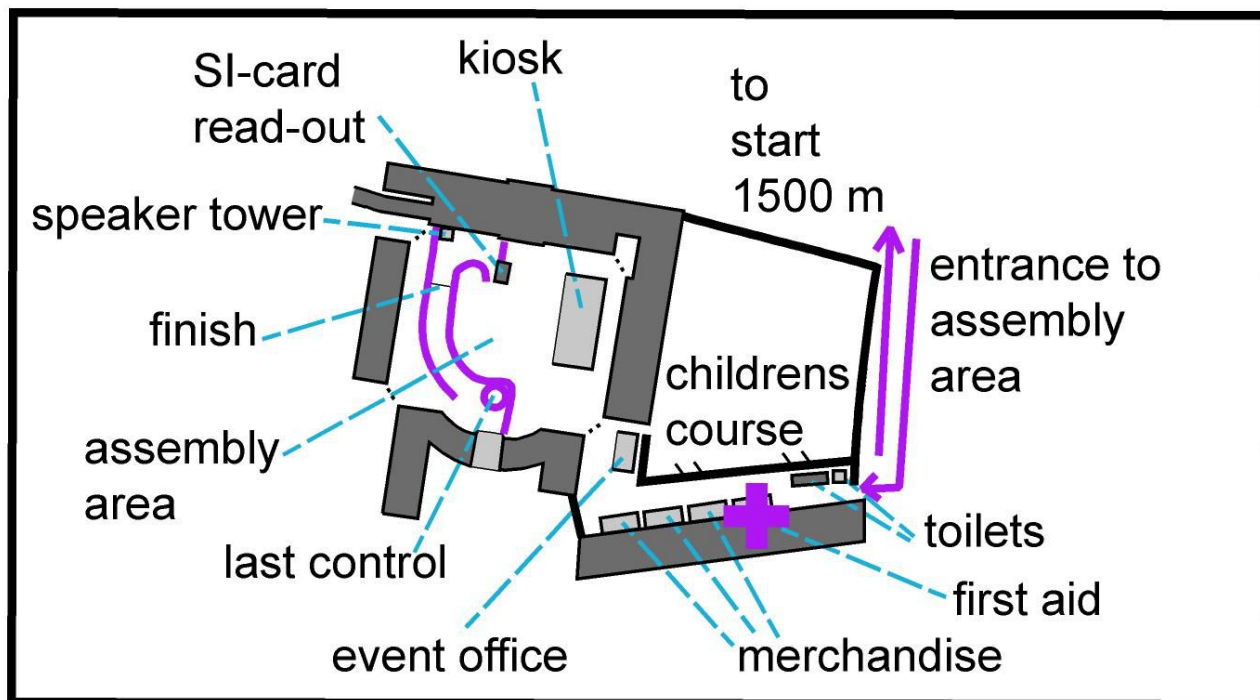
Organiser	Orienteringsklubben Roskilde
Classification	WRE
Event Center	<p>"Palægården" in Roskilde.</p> <p>There is a large kiosk tent, it's not possible and allowed to set up club tents.</p> <p>It is not possible or allowed to set up the club flag using ground spike - instead we would like to form a club flag portal along the run-in alley, so please bring your club flag along!</p> <p>The arena will open at 13:30</p>
Parking	<p>At Roskilde City Hall, marked from the intersection Køgevej / Østervang, p-guards' instructions must be followed.</p> <p>From parking: the marked route, as indicated in this bulletin, shall be followed, see sketch. Any deviation from this route will results in disqualification.</p>
Changing and showers	Østervangsskolen, Astersvej. Open 13.00 -20.00
Coming to the event	<p>Because of two other major events in Roskilde on the same day, it is recommended to follow access routes as indicated in this bulletin, see sketch. There may be more traffic around the city because of those events, please consider some extra time.</p> <p>Because of this, it might pay to take the train! No parking problems and shorter distance to walk, because the train station is closer to the event center than the parking lot.</p>





Access by car

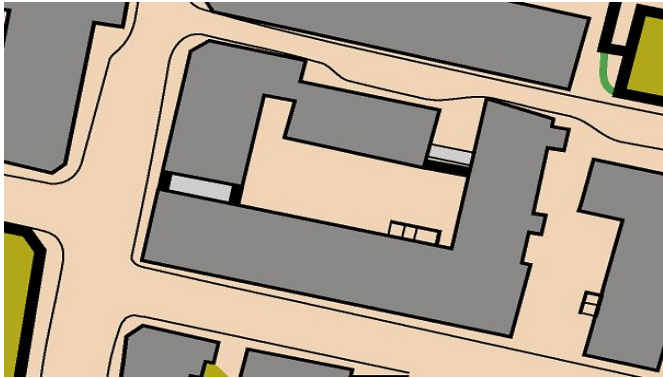


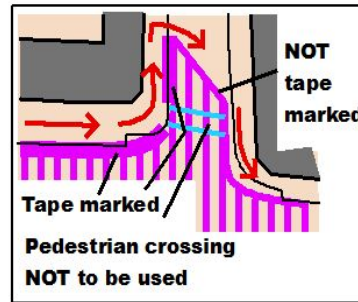
Marked route from parking to the event center.



Distances	<p>Parking at City Hall -> event center: 1700 m, marked by black & white "Adidas" tape.</p> <p>Event center -> start: 1500 m, marked by red & white tape.</p> <p>Start -> warm up area: 250 m, marked by black & white "Adidas" tape.</p>
Hotels in Embargoed area	<p>Hotel Prindsen: The entire Saturday: For participants in DM Sprint is not allowed to go to the hotel until after the last start. Sunday – no limitation.</p> <p>Scandic Hotel: It is allowed to go to the hotel throughout the weekend. However, access to and from the hotel shall take place via Søndre Ringvej, south of the Embargoed area, see the event website.</p> <p>Bed and Breakfast Roskilde City: The entire Saturday: For participants in DM Sprint it is not allowed to go to the B & B until after the last start. Sunday – no limitation.</p>

Classes	Distance and number of controls							
	Class	distance (m)	controls	climb(m)	Class	distance (m)	controls	climb(m)
	W21	3520	22	25	M21	3900	23	32,5
	According to IOF Rules for WRE-sprint classes the distance is the shortest possible route choice.							
	Class	distance (m)	controls	Class	distance (m)	controls		
	W -12	1310	16	M -12	1310	16		
	W -14	1790	17	M -14	1790	17		
	W -16	1950	19	M -16	2190	23		
	W- 20	2020	21	M- 20	2370	22		
	W 35-	1950	19	M 35-	2190	23		
W 40-	1760	19	M 40-	1960	18			
W 45-	1760	19	M 45-	1960	18			
W 50-	1690	18	M 50-	1720	18			
W 55-	1690	18	M 55-	1720	18			
W 60-	1550	16	M 60-	1580	17			
W 65-	1550	16	M 65-	1580	17			
W 70-	1550	16	M 70-	1550	16			
W 75-	1550	16	M 75-	1550	16			
			M 80-	1550	16			
			M 85-	1550	16			
Controls	Controls are either located in the ground or in an orange cylinder, see pictures below:							
								

Radio controls	2 radio controls.
Refreshments controls	None, there is refreshment at start and at finish (water).
Tracking	Selected runners in M21 and W21 shall wear a tracking device from TrackTrack, see separate list. TrackTrack device is handed out at the start.
Punching system	SportIdent. Rented SI cards are handed out at start.
Map	<p>Roskilde City 2015, offset printed, scale: 1:4000, contour interval 2,5 m</p> <p>Prohibited areas marked with violet shading on the map, must be respected.</p> <p>Some areas marked on the map as allowed to pass, but not possible to get to, if the gates are locked. These areas are not marked with olive green (see map norm) but included and drawn, as normal areas. We have done so because we cannot be sure that all gates will be closed at the time of the race and then to give the runner an opportunity to find his or her position we have chosen not to use olive green in these sections. See an example:</p>  <p>Gated square</p> <p>It is emphasized that no obvious route choices will go through these areas and no controls are located in these areas.</p> <p>Most classes can pass an intersection with traffic lights. To avoid runners being stopped by traffic lights it is not permitted to pass close by the intersection or pedestrian crossing, see drawing:</p>



Therefore, a marked route is established on the ground and shown on the map which **shall** be followed. It is not allowed to cross the road, where it is marked as an out of bounds area. The thick violet line represents the marked route. The thin purple line is put on, in order to clarify the boundary of the forbidden area. This is not taped. The red arrows show the permitted trace.

Warm up area and map	Warm up map is handed out at start.
Construction work	Construction work is ongoing nearby the event center, these areas are marked by hatching on the map.
Control descriptions	Printed on the map and free descriptions are available at start, only to be used if you bring a device to wear them.
Number Bibs	All participants shall wear a number bib, available at start.
Start	Runners are responsible to go to the start 4 minutes before start time. Late starters contacts starting staff, starting when it fits into the start process. Participants in the W-12 and M-12 receive the map two minutes before their start time, all other runners start on their start time.
Quarantine and quarantine area	Runners in the classes M/W21 must be registered at start no later than 15:15 and must thereafter only be at the start, in the warm up area or between the start and the warm up area. A runner who arrives late may be disqualified. The quarantine area is defined by the warm up area. Clothing's for these runners are transported to the event center.
Finish	Control on the finish line shall be punched. Maximum time is 50 minutes. After the finish line, maps shall be turned in. After the last start, new maps will be issued in club bags from the Event Office. Any runner who retires from the course, must report to the finish.
Toilets	At event center and in the warm up area
Clothings	Clothings are not transported to the event center, except for M21 and W 21.

Traffic	All courses cross roads although traffic is limited at the time of the race. Parents / clubs are responsible for instructing their children / youth runners to succeed in sprint race under these conditions.
Prizes	In classes M/W 21-, winners receive Danmarks Idræts-Forbund's (DIF) championships medals. Second- and third-place getters receive DOF's silver and bronze medals for their classes, respectively. The fastest in all other classes receive DOF's medals: gold, silver and bronze. Foreign runners can't receive medals but other types of prizes! Prize-giving Ceremony is expected to start 17.45
Entry on the day	4 courses: <ul style="list-style-type: none"> • easy, 1300 m, 16 controls • moderate, 1800 m, 18 controls • difficult short, 1500 m, 16 controls • sdifficult short, 2200 m, 23 controls <p>Courses are sold at the event center between 15-16.30, start between 17 – 17.30. Fee: M/W-20: DKK 50, M/W21- DKK 80 Rent a SI card: DKK 25.</p>
childrens course	Free childrens course 14.00 -18.00
Kiosk	Kiosk with limited range of products is available at the event centre.
Complaints and protest	Under the DOF Procedure § 7.8 and § 7.9. Contact the event office at the event center.
Event Organisers	Event Coordinator: Anders Laage Kragh anders@laagekragh.dk , +4523236250, Course Planner: Andreas Hougaard Boesen, OK Roskilde. Course Controller: Gert Nielsen, Allerød OK. Mapper: Asger Jensen, OK Roskilde IOF Event Advisor: Finn Blom Christensen, Lyngby OK Jury Chairman: Finn Blom Christensen, Lyngby OK Jury: Ellis Sommer, OK Øst Karl Kristian Terkelsen, OK Gorm Flemming Nørgaard, OK PAN



**SPAREKASSEN
SJÆLLAND**
- talentudvikling og uddannelse



ROSKILDE
KOMMUNE